

New Baseball Pitching Rule:

AISA Pitching Rule (Using Pitch Count) Adopted by AISA Athletic Committee (December 7, 2016)

1. AISA Pitching Limitation Rule (**Applies to Varsity, Junior Varsity and Junior/Middle School games**) -- (Regular Season and Championship Playoffs) is based on the number of (Legal and Illegal) pitches thrown in a day. The pitch count is based on pitches thrown to the batters during their time at bat. Warm up pitches allowed before each inning or those warm ups allowed by the umpire in case of injury or game delay do not count. All AISA Substitution and Pitching Rules must be followed. The number of pitches is based on the level of pitching. Specific rest periods are in place when a pitcher reaches a high threshold of pitches delivered in a day.

LEVEL PITCHES ALLOWED PER DAY

11th & 12th Graders	120
9th & 10th Graders	100
7th & 8th Graders	85

The rest periods required during the 2017 regular and tournament season are listed below:

11th & 12th Graders:

- *If a pitcher throws 76 or more pitches in a day, three (3) calendar days of rest must be observed.
- *If a pitcher throws 51-75 pitches in a day, two (2) calendar days of rest must be observed.
- *If a pitcher throws 26-50 pitches in a day, one (1) calendar day of rest must be observed.
- *If a pitcher throws 1-25 pitches in a day no calendar day of rest is required before pitching again.

A calendar day means that if a pitcher throws 76 pitches on Tuesday that player may not pitch again until Saturday. If they throw 25 pitches on Tuesday the player may pitch again on the next day which is Wednesday. The starting time of the game does not matter in the calculation of when a pitcher is eligible to pitch again.

9th & 10th Graders:

- *If a pitcher throws 76 or more pitches in a day, three (3) calendar days of rest must be observed.
- *If a pitcher throws 51-75 pitches in a day, two (2) calendar days of rest must be observed.
- *If a pitcher throws 26-50 pitches in a day, one (1) calendar day of rest must be observed.
- *If a pitcher throws 1-25 pitches in a day no calendar day of rest is required before pitching again.

7th & 8th Graders:

- *if a pitcher throws 76-85 pitches in a day, three (3) calendar days of rest must be observed.
- *If a pitcher throws 51-75 pitches in a day, two (2) calendar days of rest must be observed.
- *If a pitcher throws 26-50 pitches in a day, one (1) calendar day of rest must be observed.
- *If a pitcher throws 1-25 pitches in a day no calendar day of rest is required before pitching again.

Any pitcher at any level who reaches the maximum pitch count limitation allowed per day during an inning will be afforded the opportunity to finish pitching to the current batter at bat.

2. AISA Pitching Limitation Rule: is based on the number of pitches thrown in a day. The pitch count is based on legal and illegal pitches thrown. The use of an ineligible pitcher, one who has violated this rule, shall result in the forfeiture of the game in which the ineligible pitcher participated as a pitcher and the offending school will also be assessed a fine of \$250. The following is the number of allowable pitches and days' rest needed.