

**AISA STATE TRACK RECORDS  
(BOYS AND GIRLS)**

| <b>2022 Winning Performance</b> |  |
|---------------------------------|--|
|                                 | <b><u>Field Events (Feet &amp; Inches)-- Girls</u></b>     |
| 4-11.00                         | High Jump – 5-04.00, Nelson, Glenwood, 2008                |
| 16-04.75                        | Long Jump – 17-03.75, Shelter, C., Faith, 2005             |
| 31-09.50                        | Triple Jump – 35' 1½", Shelter, C., Faith, 2004            |
| 34-09.25                        | Shot – 39-08.00, Clayton, Ashford, 1976                    |
| 97-10                           | Discus – 113-06.00, Lowe, Morgan, 1994                     |
|                                 |  |
|                                 | <b><u>Field Events (Feet &amp; Inches)-- Boys</u></b>      |
| 6-00.00                         | High Jump – 6-07.00, Madise, Faith, 2008                   |
| 22-00.50                        | Long Jump – 22-08.75, Henry, Escambia, 2011                |
| 42-07.00                        | Triple Jump – 44-02.00, Cobb, Abbeville, 2021              |
| 43-01.50                        | Shot - 49-04.00, Cobb, Lowndes, 2000                       |
| 136-01                          | Discus – 163-05 Lewis, Lee-Scott, 2015                     |
|                                 | Pole Vault - 13-00.00 Oliver, Mobile Chr., 2001            |
|                                 |  |
|                                 | <b><u>Running Events--Girls</u></b>                        |
| 12.27                           | <b>100 M Dash - 12.27, McNeal, Tuscaloosa, 2022</b>        |
| 26.57                           | 200 M Dash – 25.86, Johnston, Northside Methodist, 2019    |
| 58.74                           | <b>400 M Dash – 58.74, McNeal, Tuscaloosa, 2022</b>        |
| 2:34.81                         | 800 M Run - 2:28.91, Hall, Sumter, 1989                    |
| 5:47.59                         | 1600 M Run - 5:35.44, McKenzie, Tuscaloosa, 2011           |
| 13:03.61                        | 3200 M Run - 12:08.89, Goodman, Lee-Scott, 2010            |
| 18.13                           | 100 M LH - 15.52, Hancock, Lowndes, 1986                   |
| 51.26                           | 300 MIH – 47.02, Gomes, Morgan, 2011                       |
| 52.67                           | 400 M Relay – 51.16, Northside Methodist, 2019             |
| 1:57.20                         | 800 M Relay - 1:49.21, Faith, 2007                         |
| 4:35.30                         | 1600 M Relay - 4:21.31, Monroe, 1985                       |
| 12:03.38                        | 3200 M Relay -10:41.55, Mobile Christian, 2005             |
|                                 |  |
|                                 | <b><u>Running Events--Boys</u></b>                         |
| 11.19                           | 100 M Dash - 10.72, Brown, Escambia, 2016                  |
| 23.62                           | 200 M Dash - 22.09, Brown, Escambia, 2014                  |
| 52.21                           | 400 M Dash - 51.06, M. Scheeff, Tuscaloosa, 2006           |
| 2:08.81                         | 800 M Run - 2:00.56, Steiner, Cottage Hill Christian, 2005 |
| 4:48.64                         | 1600 M Run - 4:34.86, Ash, Escambia, 2009                  |
| 10:56.52                        | 3200 M Run - 10:05.92, Stewart, Lee-Scott, 2014            |
| 16.31                           | 110 M HH - 15.04, Landwehr, Faith, 2004                    |
| 43.11                           | 300 M IH - 40.59, Landwehr, Faith, 2004                    |
| 44.62                           | 400 M Relay – 43.71, Escambia, 2017                        |
| 1:32.62                         | <b>800 M Relay - 1.32.62, Tuscaloosa, 2022</b>             |
| 3:39.75                         | 1600 M Relay - 3:36.12, Tuscaloosa, 2005                   |
| 9:22.64                         | 3200 M Relay - 8:40.60, West End, 1985                     |
|                                 | Sprint Medley - 1:38.5, Morgan, 1999                       |