ALABAMA INDEPENDENT SCHOOL ASSOCIATION

ATHLETIC HANDBOOK

(Revised August, 2022)

FRANKIE MITCHUM, PRESIDENT
BOARD OF DIRECTORS

MICHAEL MCLENDON
EXECUTIVE DIRECTOR

BRACH WHITE, CHAIRMAN
ATHLETIC COMMITTEE

RODDIE BECK
ATHLETIC DIRECTOR

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AISA ATHLETIC COMMITTEE

Brach White - Chairman Pickens Academy 225 Ray Bass Road Carrolton, AL 35447	Dr. Bryan Oliver Morgan Academy 2901 West Dallas Ave. Selma, AL 36701
Becky Baggett Crenshaw Christian Academy 608 Country Club Dr Luverne, AL 36049	Glynn Lott Coaches' Association President Macon-East Montgomery Academy 5396 Vaughn Rd. Cecil, Alabama 36013
Billy Burnham Patrician Academy 901 South Mulberry Avenue Butler, AL 36904	Dr. John Mehaffey The Lakeside School 1020 Lake Dr Eufaula, AL 36027
Bob Taylor Clarke Prep School 20100 Hwy 43 Grove Hill, AL 36451	

INTRODUCTION

From the beginning, the AISA has continued to gain recognition throughout Alabama as a strong, well-organized educational association. Today we face the very real challenge of not only maintaining our current image, but improving it whenever possible. Nowhere are we more exposed to the general public and media than during athletic competition between our member schools. Therefore, it is imperative that we exhibit good sportsmanship at all times, thereby demonstrating the true class and character of AISA.

AISA coaches and student athletes must always present themselves as models of what the AISA is striving to achieve in its athletic programs. Concurrently, our parents and fans must be constantly reminded that they also represent their school before the public and therefore must abide by the rules of good sportsmanship.

IT IS THE RESPONSIBILITY OF EACH SCHOOL BOARD, ADMINISTRATOR AND THEIR COACHING STAFF TO BE SURE THAT:

1. Everyone representing the school is well-mannered, well-groomed, and properly attired. (Refer to AISA Personal Appearance Policy on Page 5.)

2. Their athletes meet all AISA eligibility requirements.

3. All AISA athletic policies and procedures have been followed.

4. Their faculty, parents, and students have been educated as to the importance of good sportsmanship and conduct.

5. Fan control is maintained, taking all measures to accomplish it, by both the host and the visiting school.

6. AISA game officials are properly protected and respectfully treated as they perform their duties.

7. Alcoholic beverages or people under the influence are not allowed into an AISA sports arena, onto an AISA playing surface, or into an AISA dressing room before, during, or after an AISA athletic event.

8. Recommended security is on site at all AISA sanctioned athletic events.

9. No derogatory or slanderous statements, signs, posters, or other displays.

10. Professional procedures are followed in the handling of athletic injuries.

11. The Risk Management Program for local level sports program has been implemented and is understood.

12. Each student-athlete has on file a current physician's statement, medical history form, Birth Certificate, Parent's Permit to Participate Form, a Consent to Treat Form, and Concussion Form. (all interscholastic competition, including pee wee).

13. The school's sports program is drug free.

14. All AISA schools that participate in athletics must have at least two coaches certified in Sports Safety, including CPR. Head coaches must be certified in CPR for his/her sport by the opening date of their sport's season, according to the AISA Calendar of Events. This policy applies to all athletic programs, including pee wee levels.

15. Automated External Defibrillators – AED—All AISA member schools are required to have at least one (1) AED unit on site. These units should be available and readily accessible during the school day and at all school sponsored activities and events.

16. All scrimmages, tournaments, and jamborees must be sanctioned in writing by the AISA office. A minimum $250.00 fine will be assessed in all sports to host school for not sanctioning scrimmages, tournaments, and jamborees. All stated AISA policies and procedures governing interscholastic competition must be followed.

17. Playing Games Out of Season—A minimum fine of $250.00 will be assessed in all sports for playing games out of season.

18. AISA Athletic Handbook, page 3: Gate Admission Fees: Regular season play, Tournament play, Double headers and Jamborees: $8.00 Admission for everyone. Member schools may include the processing fee incurred from the provider to the price of regular season gate admission of $8.00 for everyone. **Note: This is only for digital ticketing purposes and not cash admission.** Area/Regional Playoffs: $8.00 Admission for everyone. Tripleheader Football Championships: $15.00 Admission for everyone. Admission to AISA State Athletic Events is $10.00 adults and students (All-Stars, Elite 8, Championship Play, etc.).

19. AISA schools **ARE NOT** to play **any** athletic contests with home schools, home school groups, and/or traveling groups. A $500.00 fine will be assessed in all sports for playing these groups (Exception: Participation is allowed with (ACSC) Alabama Christian Sports Conference).

20. There will be a minimum $250.00 fine per school and may receive additional sanctions for not having state certified officials for all games. This includes peewees, junior high, junior varsity, and varsity.

21. **THE AISA WILL NOT TOLERATE AND/OR CONDONE DEMONSTRATIONS OF POOR PROFESSIONALISM OR SPORTSMANSHIP, ESPECIALLY DISPLAYS WHICH LEAD TO ALTERCATIONS AND/OR FORFEITURE. THE AISA ATHLETIC COMMITTEE AND THE AISA STATE BOARD WILL TAKE A VERY FIRM AND RIGID STAND IN MATTERS OF THIS CONCERN AND WILL LEVY HARSH SANCTIONS ON THOSE INVOLVED.**

    NOTE: Fan Ejections Policy - Below are spectator sanctions concerning ejections / unsportsmanlike behavior while attending an AISA athletic contest.

    - A $300 fine and a 2 (two) game suspension for football
    - A $300 fine and a 4 (four) game suspension for other sports

- If less than the above minimum games remain, the fine will be $500 in addition to the remaining games

- 2nd ejection: spectator is suspended until he/she meets with the Athletic Committee during the next scheduled meeting

All fines are due to the AISA office within thirty (30) days. Schools are responsible for all fines levied.

22. The following artificial noise makers are not allowed at an AISA interscholastic athletic event:

    a. containers with rocks, marbles, etc. inside which might be used for rattling purposes.
    b. power systems, i.e. horns, microphones, etc.
    c. cowbells
    d. others disallowed as needed.

23. Maximum tournament entry fee for all school invitational tournaments is set at $150. This includes a limit of one dozen baseballs a half a dozen softballs per tournament.

24. An AISA member student athlete cannot participate on nonmember teams.

AISA STUDENT APPEARANCE POLICY

The AISA State dress and appearance policy will apply to ALL AISA Academic and Athletic activities and events.

I. Body Art

A. Students may not participate in AISA state level events and/or activities with exposed permanent body art (tattoos).

B. Students may not participate in AISA state level events and/or activities with exposed temporary body art which is insensitive, derogatory, and/or deemed inappropriate by state officials. Face painting is not allowed by athletes.

II. Body Decorations/Piercing

A. Students may not participate in AISA state level events and/or activities with exposed body decorations (piercing). *Note! No jewelry or body decorations are allowed at any level in AISA athletics.

III. Facial Hair / Hair Styles etc.

A. Students may not participate in AISA state level events and/or activities with:

1). Facial hair below the lobe of the ear and/or below the nose.

2). Spiked and/or other non-traditional hairstyles deemed inappropriate by state officials.

3). Unnatural and/or non-traditional coloration of the hair.

AISA state officials (state events) or the host school head of school (interscholastic events held at a host school) will be the final authority to determine acceptable dress and appearance at AISA events and/or activities. Schools will be fined $250.00 for failure to follow this policy. The host school's head of school is responsible for reporting the incident in writing to the AISA office with supporting evidence.

Failure to comply at state events may result in student and/or school disqualification by the AISA directors.

Note! The direct responsibility to enforce compliance with the above stated policy is delegated to the school's head of school.

GENERAL INFORMATION

I. Written requests for interpretation and/or application of stated AISA policy or procedure must be signed by the school administrator or athletic director.

II. If a student is ineligible for any reason, he/she may participate only as a spectator and may not be in a team uniform.

III. The use of tobacco in any form by coaches during an interscholastic athletic event is prohibited. The use of tobacco in any form by a player in uniform is prohibited.

IV. The AISA takes a very firm and rigid stand against the use of illegal drugs by anyone. The AISA reserves the right to test for illegal drugs any student-athlete selected to participate in an AISA all star event.

V. Any student-athlete found guilty of using illegal drugs shall be declared ineligible for AISA interscholastic athletics until proof of "drug free status" has been determined.

VI. The AISA will sponsor an annual athletic handbook/rules in-service program for members. Attendance is required. Failure to attend will result in a fine of $500.00 being levied on the school. The required AISA Annual Athletic Handbook/Rules In-Service Program will be held with the Summer Coaches' Association Meeting each year.

VII. **Conduct Rule:** Coaches and players that are ejected from contests in all sports will receive the following penalties for unsportsmanlike behavior / conduct reasons:

Players:

(a) First Ejection – a warning or reprimand and $250 fine.
(b) Second Ejection – a suspension for two games (all sports) and $500 fine.
(c) Third Ejection – a suspension for the remainder of the season and $1000 fine.
(d) Ejections are cumulative from sport to sport and sports season to sports season but not from one academic year to the other.

Coaches:

(a) First Ejection – a warning or reprimand plus a $250.00 fine.
(b) Second Ejection – a suspension for one game plus a $500.00 fine.
(c) Third Ejection – a suspension for the remainder of the season plus a fine to be determined by the Athletic Committee.
(d) With the exception of baseball/softball coaches: A coach would be confined to the dugout for the next game following his/her first ejection. Subsequent ejection policies, A-C, will follow further ejections.

NOTE: THIS CONDUCT RULE POLICY IS TO BE GIVEN TO ALL BASEBALL AND SOFTBALL UMPIRE COORDINATORS AND GAME UMPIRES BY THE SCHOOL PRIOR TO THE START OF THE GAME. UMPIRES EJECTING PLAYERS OR COACHES SHOULD NOTIFY THE AISA OFFICE IN WRITING WITHIN TWO BUSINESS DAYS.

UMPIRES FAILING TO FOLLOW THE AISA CONDUCT RULE FOR PLAYERS AND COACHES WILL NOT BE ALLOWED TO UMPIRE AISA BASEBALL OR SOFTBALL.

Note: It is the responsibility of the school to notify in writing the AISA office of any ejection of a coach or player within 48 hours. There will be a $100.00 fine for failure to report ejections. A player or coach ejected for conduct reasons from any playoff and/or final game of the sports season will be fined $250.00.

VIII. Regular Season Practice: Pre-season practice for any AISA varsity sport may not start prior to the twentieth (20th) weekday preceding the day that the sport's season officially begins. (Starting dates for practice and the opening of the sport's season will be stated on the AISA Calendar of Events.) Opening date for Junior High/Pee Wee will be the week of Varsity.

IX. Filming and Video Taping: No AISA interscholastic athletic event may be taped or filmed by non-participating schools without the consent of both participating schools. NOTE: ALL VARSITY FOOTBALL AND BASKETBALL GAMES ARE REQUIRED TO BE VIDEOED BY THE HOME TEAM.

X. Any AISA student-athlete diagnosed with a contagious/communicable disease which is listed by the Alabama Public Health Department as a "notifiable disease/condition" may not participate in AISA interscholastic athletics until cleared by a medical doctor. (A list of these diseases/conditions is located in the appendix.) **CONTACT THE AISA IMMEDIATELY FOR IMPLEMENTATION PROCEDURES.**

XI. Contracts: Each school is responsible for securing its own schedule. Schools will submit final completed schedules for basketball, softball, and baseball by October 1st of each school year. If schools do not have all schedules by October 1st, the school will be fined $500. Schools must have all opponents on both schedules. If an opponent on a schedule does not play a scheduled game, the school will forfeit and pay the opposing school a forfeiture fee of a minimum of $250 and a maximum of $500 per playing date per forfeited soccer, volleyball, basketball/softball/baseball game. School administrators must communicate with each other concerning any extenuating circumstances prior to filing an official written complaint with the AISA office. If a sport season is cancelled before the opening day of the season, schools will not have to forfeit or pay forfeiture fines.

Note: Contracts are required for all varsity football games. If a contract is broken, a forfeiture fee of $2500.00 must be paid. If the football season is cancelled within seven (7) days of the first practice date according to the AISA Calendar of Events, schools will not have to forfeit or pay forfeiture fines.

XII. AISA member schools must have at least two full time professional certified in Sports Safety Training (CPR training included).

XIII. AISA policies governing sports camps - Summer Workouts - Recreational Team Play:

A. Sports Camps:

1. Team Camp - A school may participate in seven (7) days of competition per sport during the time school is out until the first day of fall practice. Any competition between two schools on any day will count as one of that school's seven days. Helmets are the only type of protective equipment that may be worn for any 7 on 7 competition. Helmets and/or shoulder pads are acceptable if the camp requires it, as long as there are 3 or more teams represented at the camp, the camp must be sponsored by a college or university and the camp must provide liability insurance by the event or the players personal insurance must be used. AISA will not be held liable for any injuries occurring at said event. Any camp or 7 on 7 competitions will count as days of competition.

2. Individual Camps - Individuals may attend individual fundamental camps at their own expense. At individual camps any gear necessary to participate in the camp is permitted as long as the camp is sponsored by a college or university.

3. Hosting Camps - AISA member schools may host team and/or individual camps during the summer. Note! These camps must be advertised and open to students from other schools. AISA camps must be sanctioned in writing by the AISA. Failure to sanction a camp will result in a $250.00 fine.

   All team and individual camps sponsored by a school must be held prior to the starting practice date for fall sports.

B. Summer Practice:

Participation in weight training and agility/conditioning programs is not restricted. Coaches may work with individuals in skill drills during the summer but may not have mandatory practice.

C. Recreational Play/Travel Ball (Includes 12th Grade and Below):

Coaches, volunteer or paid employees, may coach a recreational team so long as the *guidelines listed below are met.

Additionally, a student-athlete cannot participate in the same sport in a recreational/travel league during a recognized season, opening date as stated on the AISA calendar of events, until that sport's season has concluded for the student-athlete at their school. Action deems the player ineligible at the point of participation and games are forfeited.

For example, a student-athlete cannot compete with their school in baseball and compete with a recreational/travel baseball team during their school's baseball season, as stated on the AISA calendar of events, until the student-athlete's school team has been eliminated from AISA competition for the season. However, a

child may compete in a different recreational sport, such as basketball, during the AISA's recognized baseball season. This applies to all sports.

* Participation Guidelines (Includes any student enrolled):
Baseball and Softball – Five athletes may be on a coach's team
Basketball – Three athletes may be on a coach's team.
Volleyball – Three athletes may be on a coach's team
Football – Five athletes may be on a coach's team.
Soccer - Five athletes may be on a coach's team.
Penalty – School fined $500.

XIV. AISA member schools may schedule out of state schools, if these schools belong to the Athletic Association of that state. These games must be sanctioned in writing by the AISA. This competition must be sanctioned by the AISA, and the non-member school must comply with AISA policies and procedures concerning eligibility, game officials, game administration. The AISA member school must have a contract with opposing school.

XV. Officiating:
An employee of a participating school may not officiate in any interscholastic contest in which his/her school is involved.

Any official having close ties with a school shall not officiate any contest involving that school. For example, but not limited to: close relatives, school employees, former school employees (within 5 years), or school graduates.

XVI. There will be a brief Awards Ceremony following all AISA Championship play. Both participating teams, players and coaches will remain on the floor/field for the presentation of their respective awards.

XVII. Ball Adoption: Wilson Balls are the mandatory ball for the AISA in football, volleyball, basketball, tennis, soccer, baseball and softball (refer to the AISA website). "The Game" caps/visors are mandatory for baseball and softball.

Note: This endorsement is for all AISA competitions. Official complaints for not following this policy must be written and signed by the involved opposing coach, signed by the head of school and mailed to the AISA office. There will be a $500.00 fine per playing date if the endorsed ball, cap or visor is not worn in competition.

XVIII. Protests are not permitted in AISA interscholastic sports.

XIX. Off Season Practice/Tryouts During the School Year: A coach at an AISA member school is not permitted to conduct practices or give private individual instruction to his/her own players in the off-season during the school year except during the time set forth on the AISA Calendar of Events and two days for tryouts prior to the opening date of spring sports is also permitted (includes basketball). During the summer, an AISA coach is allowed to conduct non-mandatory practices, give private individual instruction and coach in seven days of competition with his/her own players.

XX. Each AISA sport programs for student athletes will be designated male / female gender of the student athlete will be as listed on the original birth certificate.

AISA ATHLETIC COMMITTEE

This is an AISA Standing Committee, composed of not less than seven (7) members appointed by the President of AISA State Board and chaired by a board member. Purpose of the committee is to plan, develop, establish, and interpret the policies and procedures which govern the interscholastic athletic programs of AISA member schools.

It must be understood by the local board, administrators, and coaches that:

1. Interpretation of AISA athletic policies and procedures is the responsibility of the AISA office.

2. The AISA Athletic Committee is the final authority on all athletic matters.

ATHLETIC COMMITTEE PROCEDURES

I. The school's head administrator may submit a written request to the AISA office for a ruling and/or interpretation concerning athletic policies and procedures contained in this handbook.

II. If a school is not satisfied with the AISA answer, they have fifteen (15) days following receipt of decision to ask for a hearing at the next scheduled AISA Athletic Committee meeting. Request must be in writing and signed by the school administrator and mailed along with a check for $100.00 covering the appeal fee. The appeal fee of $100 will be returned to the school if appeal and refund is granted by the Athletic Committee.

III. The AISA office will notify the school in writing of date, time, and place of the meeting. Any other AISA school(s) affected by same decision will be advised in writing of the meeting and invited to attend.

IV. If school(s) involved are not satisfied with the Committee's initial decision, they may appeal for a second hearing at the next scheduled Athletic Committee meeting providing there is new evidence to present to the committee. Again, requests must be made in writing, signed by school administrator and mailed along with a check for $250.00 covering the appeal fee, to AISA office within fifteen (15) days of receipt of decision.

V. Subsequently, the school(s) involved will again be notified in writing of date, time, and place of the Committee meeting.

VI. After reviewing the case, the AISA Athletic Committee will make a decision concerning the case and the decision shall be final. The school(s) will be notified in writing of that decision.

VII. Appeals for a hardship regarding over-age athletes will not be heard by the Athletic Committee.

VIII. Any action or decision by any committee shall be subject to review by the Board of Directors. Any request for Board review must be made in writing to the AISA office accompanied by a $500.00 check or money order.

AISA STATE COACHES' ASSOCIATION

This association exists as an auxiliary organization composed of full-time AISA athletic coaches. Their elected president serves as an ex-officio member of the AISA State Board of Directors and a voting member of the State Athletic Committee. This association provides coaches with an opportunity to express their ideas and request action regarding the improvement of AISA athletic programs.

AISA ATHLETIC POLICY PROCEDURE

The purpose of the AISA Athletic Committee is to plan, develop, establish, and interpret the policies and procedures which govern the interscholastic athletic programs of AISA member schools.

AISA ATHLETIC ELIGIBILITY RULES

To be eligible to participate in AISA interscholastic athletic events, a student is subject to the following requirements:

I. Bona Fide Student

A. To qualify as a bona fide student of an AISA member school, an individual must be enrolled and in attendance for two full school days at grade level. To maintain the status, an individual must remain enrolled, sustain regular attendance and be assigned a typical class schedule which will allow normal progression toward graduation. When a student attends school for the third day, the student becomes a bona fide student.

1. If a student represents:

a. That school in interscholastic competition before the official opening day of school, that student must meet the bona fide student criteria of that school on opening day;

b. The member school in interscholastic competition prior to the official opening day but does not qualify as a bona fide student on the official opening day of school, any and all games played by the member school while that student was a participant will be forfeited to its opponents. That school will also be subject to further disciplinary action by the AISA.

Note: Eligibility starts in the seventh grade.

II. Age Restriction

A. A student is eligible for Junior High competition the entire year if his 16th birthday falls **on or after August 1** and is enrolled in the 9th grade or below.

B. Student-Athletes who will be **19 years of age prior to August 1** will be ineligible for AISA interscholastic athletics.

III. Academic Requirements

A. All student-athletes must meet the following minimum requirements at each grade level to be eligible for interscholastic athletics.

1. Seventh grade students must have passed the sixth grade the previous academic year, and have been promoted to the seventh grade.

2. Eighth grade students must have passed the seventh grade the previous academic year, and have been promoted to the eighth grade.

3. Ninth grade students must have passed the eighth grade the previous academic year, and have been promoted to the ninth grade.

4. Seventh and eighth grade students must pass five (5) subjects the first semester to be eligible for the second semester.

5. Tenth through twelfth grade students must have passed six (6) new Carnegie units during the previous academic year to be eligible for the first semester.

   a) A minimum of four (4) core curriculum credits must be included in this requirement.

   b) Ninth through twelfth grade students may earn and/or retain second semester eligibility by passing 3 new credits during the first semester of the current year.

   c) A minimum of (1½) core curricular credits must be included in this requirement.

   d) If students do not meet AISA grade requirements at the end of the 1st semester, students may regain their eligibility for 2nd semester if all member school/AISA approved coursework is completed and in compliance with AISA grade requirements. (A minimum of a 4 week course is required for eligibility purposes.)

   e) Verification is due in the AISA office no later than March 1st. If requirements are completed earlier, student athletes may participate upon verification of coursework by the AISA office. If students do not meet requirements of this policy, they will continue to be ineligible for athletics for the remainder of 2nd semester.

   f) Students may not enroll in make-up coursework until the end of 1st semester as set on the school's calendar of events. (A minimum of a 4 week course is required for eligibility purposes.

   g) Only AdvancED accredited courses/programs may be used.

   Note: Core curricular subjects include English, History, Math, and Science.

   Note: A student-athlete repeating any seventh or eighth grade will be ineligible (for 1 calendar year), regardless of the reason for repeating. Students in grades 9-12 will follow the AISA Academic requirements.

   Note: A senior student-athlete shall be exempt from "b" and "c" as stated above so long as they have already met the requirements for graduation as

stated in the AISA Accreditation Manual or the Alabama High School Graduation Requirements. Additionally, the student-athlete must be enrolled in the school and maintain regular attendance, for credit, in at least four courses during their senior year to maintain status as a full-time student.

Note: All student athletes transferring to an AISA member school will be given a one semester grace period to comply with AISA academic requirements for athletic eligibility providing they are athletically eligible in the system from which they transfer.

B. Explanation

1. Student-athletes in grades 9-12 may earn a unit of credit for each course which meets for 140 clock hours during the school year and is successfully completed. If the student fails one semester and passes one semester of a course, one-half unit of credit will be earned.

NOTE: Credit for courses not normally offered by AISA member schools and which are not clearly within the above definition must be approved by the AISA office for athletic eligibility purposes.

3. Courses taken in summer school shall be considered an extension of the school year and credits earned in summer school may be used in determining scholastic eligibility of students. Independent Study and tutorial type courses may not be used for athletic eligibility purposes. All summer school work and approved correspondence/on-line courses may be used for eligibility purposes but final grades must be in and recorded on student's transcript on the Monday prior to the AISA's third playing date for football. A student is allowed a maximum of two (2) units in summer school to establish eligibility for the fall semester. (A minimum of a 4-week course is required for eligibility purposes.)

Clarification: Summer school is defined as any coursework begun after end of 2nd semester (as stated on AISA calendar) and concluded by the deadline set by the AISA.

4. Only one (1) unit of credit may be earned for eligibility purposes when duplicate courses are taken during the same school year unless course(s) are scheduled for credit make up.

IV. Time Limitations

A student entering the ninth (9th) grade and meeting the bona fide student criteria will have a maximum of four (4) consecutive years of interscholastic athletic eligibility.

V. High school graduates are ineligible.

VI. Participation Requirements

A. Student athletes are ineligible if they have participated in athletics above the high school level. (This does not mean that a student cannot attend football and basketball camps and other summer camps that are sometimes held on college campuses and often instructed by college coaches.) Member schools cannot conduct such camps, unless sanctioned by the AISA.

B. Student-athletes cannot compete in a season in any sport at any school, public or independent, and then transfer to a member school and represent that school in the same sport during the school year.

VII. Required Forms

Before participating in athletics and/or cheerleading, a student must have a current physician's statement, concussion form, medical history form, certified Birth Certificate, a parent's permit to participate, and a medical treatment form on file in the administrator's and/or athletic director's office (includes pee wee).

VIII. Amateur Status

A student must be an amateur to be eligible for AISA interscholastic competition. Amateur is defined as a person who engages in a study, sport, or other activity for pleasure rather than for financial benefit or professional reasons.

IX. Transfer Students

A. Student-athletes transferring to an AISA member school must have their current transcript on file in the administrator's office and be in compliance with all other stated eligibility requirements before participation in AISA interscholastic athletics.

NOTE: A transferring student-athlete will not be eligible in the AISA for one (1) calendar year if he/she cannot return or is not athletically eligible to return to the system/school from which he/she is transferring.

1. A student transferring to a member school is eligible for competition after a two week (10 week days) waiting period, provided he/she meets all other stated AISA eligibility requirements, including the transfer student must be enrolled and attending class before the deadline in each sports season for athletic eligibility.

   NOTE: Additions to sports eligibility list will not be allowed after the opening date of the sport season as listed on the AISA Calendar of Events.

2. A student in grades 7-12 who transfers from one member to another member school and whose parents' residence has not changed shall not be eligible for interscholastic competition at any level for one (1) year beginning with the date of withdrawal from the previous school or the date of his/her attendance at the school transferred to, whichever comes first.

A student may transfer from a member school to another member school at the end of sixth grade and be eligible. The student must be a bona-fide student and meet all academic eligibility requirements.

3. If a student athlete transfers to another AISA member school, the parents' residence must change to a location that is a minimum of 60 miles from the physical address of the school which he/she is transferring from, according to the shortest distance as measured by MapQuest (www.mapquest.com) and meet the additional bona fide move requirements stated in #10 of this section. Additionally, the parent, or parents, must reside outside of the 60 miles for one (1) calendar year for the student-athlete to remain eligible.

4. A student enrolled in an AISA member school may transfer to a new school, in its first year of operation on a secondary level, and be eligible for junior high athletics only. This rule applies to students who live nearer (most direct route) to the new school. All other transfers must meet stated AISA transfer rules.

5. A student-athlete residing with a coach, administrator, teacher, school official or any non-custodial guardian will not be eligible for one (1) calendar year.

6. A student transferring from an AISA member school to a non-member school and transfers to another AISA school must have been officially withdrawn from previous member school for one (1) calendar year in order to be eligible to participate in athletics at that AISA member school. Furthermore, that student must also be eligible according to all the stated AISA rules prior to participating at the new AISA member school.

7. A transferring student-athlete may be eligible to compete in any sport at the school he/she transfers to if the school from which the transfer came does not offer competition in that sport.

8. Once school starts, a student athlete may not change schools and compete in the same sport at two different AISA schools within the same year.

9. The full-time professional employment of a student-athlete's parent(s) or guardian supersedes the AISA transfer policies so long as the following conditions have been met:

   a) The employee must have at least a bachelor’s degree from an accredited institution, be employed as an administrator, teacher or coach and meet the AISA Accreditation requirements for the assigned position(s).

   b) The employee must have been employed at a school (member or non-member) performing similar duties as assigned in the member school within the last twelve (12) months.

c) The employee must be full time and working a minimum of 30 hours per week as an administrator, teacher or coach.

d) The student-athlete is in good standing and eligible to return to his/her AISA member school.

10. Any student whose parents' residence has changed from one community to another is eligible for competition, providing the residence change meets **ALL** of the following criteria for a bona fide move:

a. The family's household furniture and all personal belongings must be moved into an unoccupied house, apartment, or a dwelling Documents substantiating the inhabitancy of a new dwelling must be available upon request.

b. The entire family (all immediate dependents) must move to the new residence.

c. The original residence must be closed, rented, or disposed of and not used by the moving family.

d. The parents' residence must change to a location that is a minimum of 60 miles from the physical address of the school which he/she is transferring from, according to the shortest distance as measured by MapQuest (www.mapquest.com). Additionally, the parent, or parents, must reside outside of the 60 miles for one (1) calendar year for the student-athlete to remain eligible.

e. The AISA office must be notified immediately in writing by the receiving school of any student-athlete transferring in from a member school.

f. The AISA office staff may personally visit and evaluate any move.

g. Eligibility approved on the compliance with the bona fide move criteria will be revoked immediately upon the families return to the dwelling from which they moved.

11. Boarding School Transfer: A student from a member school may transfer to a member boarding school and maintain eligibility. This procedure may be applied only one time during a student’s four years of high school. A member boarding school student may transfer back to his/her home school and maintain eligibility if the transfer is made before school starts. This procedure may be applied only one time during a student's four years of high school. Other transfers must comply with all stated AISA transfer rules. This rule does not apply to day school students.

The following criteria must be met in order for an AISA member school to be classified as a boarding school:

a. The boarding school must have appropriate dormitory facilities that are school owned property to house, feed, and provide general living accommodations for the boarding students.

b. The boarding school must employ properly trained supervisory personnel who are on duty at all times, including nights, weekends, and holidays.

c. A boarding student must spend at least an average of four (4) nights per week living and boarding on campus while school is in session.

d. The boarding school must meet all of the criteria listed herein and be approved as a boarding school through the AISA office prior to any athletic eligibility being established for boarding students.

e. All other eligibility requirements must be met prior to the establishment of athletic eligibility.

12. Student-athletes transferring from a home school and/or a non-traditional school program will be eligible for AISA interscholastic athletics, if all AISA eligibility requirements have been met.

13. International Students: International students will have one (1) year of eligibility per sport in AISA interscholastic athletics providing: (a) they are assigned by an approved CSIET Foreign Exchange Program or reside with a parent or legal guardian, in accordance with AISA policies; and (b) they meet all AISA eligibility specifications. It is the responsibility of the head school administrator to ensure that all foreign education credentials have been properly evaluated for the purposes of athletic eligibility. The AISA recommends the professional foreign education credentialing services of Lisano International (www.lisano-intl.com), if the school does not have staff members qualified to properly evaluate the credentials. Note: Only those international students meeting the criteria for a bona-fide move and in compliance with AISA legal custody policies will be considered for additional eligibility.

14. The eligibility of student-athletes enrolled at a member school that either closes or merges with another member school will be considered as follows:

a. If the school's secondary facility closes or merges, the school's student-athletes may transfer to any member school without loss of eligibility.

b. Student-athletes enrolled at the school selected to remain open in a merger are required to comply with stated AISA transfer policies.

15. **TRANSFER RULES APPLY TO ALL STUDENT-ATHLETES IN GRADES 7-12.**

X. Legal Custody

The changing of legal custody, guardianship, process of adoption and legal separation will not establish athletic eligibility.

For the purposes of athletic eligibility, the AISA will consider the following:

1. Divorce: The eligibility of a student whose parents are divorced is determined by the following:

   a. If there has been a divorce or a legal separation in a family and sole or physical custody has been awarded by the court granting the divorce, the athletic eligibility of the student will be established based on compliance with rule IX.,10.,d. as stated in the AISA Athletic Handbook.

   b. If it becomes necessary at a later date for the student to reside with the other parent, the move will be accepted as a bona fide move if the court that granted the divorce changes the custody to this parent. This type of move will be accepted for athletic eligibility purposes only one time and the student may only be eligible in the school where eligibility was previously established prior to the previous change of custody.

   c. If joint custody has been awarded or if the primary physical custodian did not meet the requirements set forth in rule IX.,10.,d., as stated in the AISA Athletic Handbook, the student must attend the new school for one (1) calendar year before becoming eligible.

2. Ward of the State: If a student has been declared a “dependent of the state” and placed by the Department of Human Resources (DHR), that student must meet the Transfer Rule requirements as stated in the AISA Athletic Handbook.

3. Guardianship: Students residing with non-custodial parents, or guardians, may become eligible after one (1) calendar year at their transfer school.

Note: All matters related to legal custody are subject to review by the Athletic Committee prior to the establishment of athletic eligibility.

XI. Eligibility Lists

A. Each member school must have on file in the AISA office a **MASTER ELIGIBILITY LIST BY GRADE AND ALPHABETIZED**, listing all students enrolled in grades 7-12. Forms for this requirement will be provided by the AISA annually. NOTE: Additions and/or deletions may be made on an annual or need basis.

B. Each member school's Sports Eligibility Master List must be on file in the AISA office at least ten (10) days prior to the opening of the fall sports season. There will be a $250.00 fine for a late report. **Note**: A copy of a new student's transcript must accompany the New Students' List for AISA Sports Eligibility for each transfer student-athlete listed.

XII. Birth Certificate

All student-athletes participating in interscholastic athletics must have a **CERTIFIED, STATE-NUMBER BIRTH CERTIFICATE** and **SOCIAL SECURITY NUMBER** on file in the Athletic Director's or Headmaster's office.

XIII. Penalty

Any member school using an ineligible student-athlete in interscholastic competition will have all its wins while that individual was participating forfeited to its opponents. The ineligible player shall be dropped from the team, and the school will be fined a minimum of $500.00. The school will be banned from post season play in the sport concerned if violation is deemed intentional. The school may be subject to further disciplinary action, if deemed necessary by the AISA State Office and the AISA Athletic Committee. No ineligible player is allowed to dress in uniform or participate in an AISA interscholastic event.

XIV. Procedure Statement

IF THERE IS A QUESTION ABOUT AN INDIVIDUAL'S ELIGIBILITY STATUS, HE OR SHE IS INELIGIBLE.

XV. If an athletic member school discontinues or does not sponsor a sports team (i.e., varsity Football, junior high basketball, etc.), a student may transfer to another member school and play on the sports team that the student's former school discontinues, or does not sponsor, as of the opening date of that sport's season, according to the AISA Calendar of Events. If a student transfers prior to the school's official discontinuation of a sports team, that student will be ineligible for one calendar year in their new school. All other eligibility and transfer rules apply for the transferred student.

XVI. Reinstatement of Former Students returning to an AISA Member School:

Student-athletes who have transferred to a non-member school may return to their original member school and become eligible immediately if the following conditions are met:

A. Student-athlete was on the AISA member school's eligibility list at the end of the prior school year.

B. Student must be on roll no later than the first Wednesday after the 2nd week of the regular AISA football season for first semester or the first Wednesday in January for second semester eligibility in accordance to the AISA Calendar of Events.

C. Student-athlete participation in the non-member school's sport practice or games prior to the above dates will not prohibit the student-athlete's participation at the AISA member school.

D. Student-athlete must meet all eligibility requirements and submit appropriate forms for approval to the AISA Athletic Director prior to participation.

AISA FOOTBALL PROGRAM

I. General Information

A. The AISA will play the game according to the rules set forth by the National Federation of State High School Associations.

B. Football rules books will be distributed at AISA sponsored rules clinics.

C. The AISA office will coordinate and register all football game officials.

D. Organized fall varsity and junior high football practice will not start prior to the twentieth (20th) weekday preceding the day opening regular season play.

E. No regular season interscholastic competition may be scheduled prior to the opening date listed on the AISA Calendar of Events. The only exception to this rule would be an officially sanctioned fall scrimmage (only one) and/or jamboree (only one). A scrimmage must be an event between two or more schools with no cheerleaders, no admission charge, and coach controlled. A jamboree, which must be announced, must be an evening event, have two or more schools participating, have game officials, have an admission charge, and have a time schedule so that no team plays more than forty-eight (48) minutes.

F. Junior High Football: (Must follow varsity contact practice policy)

1. Eight minute quarters following National Federation guidelines.

2. Eight minute halftime. No overtime below varsity level.

3. All phases of the kicking game are mandatory. A forfeit will be awarded if one team refuses to do so.

4. Pre-Game warm ups should be completed on a field provided by the home team.

5. Certain aspects of the kicking game may be modified if agreed upon by the two coaches. For example, no live punt rush unless there is a bad snap with a mandatory fair catch by the receiving team. Coaches should be sure this is clear with the officials.

G. Game jersey colors are optional. If mutual agreement cannot be reached, then the home team will wear dark.

H. Organized fall practice for the "below junior high level" will not start until school officially begins each year (according to the AISA Calendar of Events).

I. Off-Season Workouts: Participation in weight training and agility/conditioning programs is not restricted. Coaches may work with individuals in skill drills during the summer but may not have mandatory practice.

J. Each host school will designate school representative(s) to meet game officials before, at half time, and after the game. The host school will be responsible for obtaining the chain crew and have them ready when the game officials arrive.

K. All fields must have correct markings. These markings will include 5 yard markings, hash marks, and players' and coaches' boxes as stipulated by the National Federation of High School Athletic Associations.

L. **ALL REGULAR SEASON GAMES WHICH END WITH THE SCORE TIED AFTER FOUR COMPLETE QUARTERS OF PLAY WILL GO INTO THE FOLLOWING OVERTIME TIE BREAKER PROCEDURE:**

1. All AISA member schools will follow the tie breaker procedures as stated in the National Federation Rule Book to determine a winner.

M. **THE FOLLOWING REQUIREMENTS ARE CONSIDERED ESSENTIAL TO EFFECTIVE CROWD CONTROL.**

1. All playing fields must be encircled by a fence, cable, or some type of barrier preventing the fans from having easy access to the field.

2. Adequate security personnel must be on site and available to maintain order and protect game officials, participants, and professionals.

3. The following artificial noise makers are not allowed at an AISA interscholastic athletic event:

   a. containers with rocks, marbles, etc. inside which might be used for rattling purposes.
   b. power systems, i.e. horns, microphones, etc.
   c. cowbells
   d. others disallowed as needed.

4. All schools must have an on-going sportsmanship education program for their players, students, and fans.

5. Host schools must have a prepared sportsmanship statement read over the PA system and posted in a conspicuous location at the stadium.

6. Game management must make sure that no slanderous and/or derogatory signs, posters, slogans, and/or pictures are displayed.

N. SPRING PRACTICE: Member schools may conduct spring football practice. Spring practice periods are permitted for football, basketball, and volleyball. A school may use a maximum of 15 practice days during any 20 consecutive school day period for spring practice in each of the three sports. Spring holidays will not be counted as calendar days for schools which do not use these days during a practice period. A spring jamboree (only one) and/or scrimmage (only one) may be held if sanctioned in writing by the AISA.

O. Varsity football coaches are required to exchange a viewable film utilizing the Hudl Video Exchange Program. Failure to comply with this policy and by this date will result in a $250 fine per game week. Films are to be exchanged from the previous week's games with the upcoming opponent no later than the start of the following week's game (Thursday/Friday). Other arrangements made must be mutually agreed upon between both coaches.

P. AISA GUIDELINES FOR FULL-SPEED CONTACT DURING FOOTBALL PRACTICES

SUMMARY: The Alabama Independent School Association (AISA) policies governing the amount of full-speed contact practice during the football season. This policy regards the amount of time during which full-speed contact practice is allowed.

AISA Regulations: During the regular season, including championship play, and the allowed 15 day spring evaluation period, AISA member schools must restrict the amount of full-speed contact football practice. These mandates are intended to limit the amount of full-speed contact and not to limit the number of practices in full pads.

Week 1 August 1st –8th: Only shorts and helmets are allowed the first two days. Shoulder pads and helmets are allowed on the third practice day for a period not to exceed 90 minutes of total practice time and not to exceed 120 (2 hours) minutes on the fourth day. No full-speed contact drills. On the fifth day, one full-speed contact practice, in full gear, is allowed not to exceed 90 minutes.

Week 2: August 8th: Alternating days of full-speed contact practice, not to exceed a combined total of 120 minutes of full-speed contact is allowed. In addition, on intra-squad or opponent scrimmage is allowed in week 2. (Scrimmage does not count toward practice minutes)

Week 3: Alternating days of full-speed contact practice, not to exceed a combined total of 120 minutes of full contact is allowed. One interscholastic scrimmage or contest is allowed in week 3. (Scrimmage or contest does not count toward practice minutes)

Week 4 through End of Season: A total of 90 minutes of full-speed contact practice per week is allowed.

Spring Evaluation: Alternating days of full-speed contact practice, not to exceed a combined total of 120 minutes of full-speed contact per week is allowed during the 15 allowable days for evaluation. One interscholastic scrimmage contest is allowed during the spring evaluation and counts as one of the 15 allowable days. The following definitions describe the different levels of contact in football practice:

Actions that require contact limitations:

Live Action: Contact at game speed in which players execute full blocking and tackling at a competitive pace, taking players to the ground.

Full-Speed Contact: Any simulations in which live action occurs.

Thud: Any live action or full-speed contact with no pre-determined winner or without taking a player to the ground.

Actions that do NOT require contact limitations:

Control Drill: Drill is run at assigned speed until the moment of contact: One player is pre-determined the "winner" by the coach. Contact remains above the waist and players stay on their feet.

Air: Players should run unopposed without bags or any opposition.

Bags: Activity is executed against a bag, shield or pad to allow for a soft-contact surface, with or without the resistance of a teammate coach standing behind the bag.

Violations will be considered for disciplinary actions by the AISA Athletic Committee.

Q. All football coaches, including pee wee, junior varsity, varsity and volunteer coaches, are required to take the following courses on NFHS Learn:

1. Football tackling
2. Concussion in sports
3. Heat illness prevention
4. Sudden cardiac arrest

II. Classification

A. Classification Guidelines – Member schools are divided into three (3) classes for the 2022 and 2024 seasons. The AISA Athletic Committee will determine the classification structure, region alignment and the process for scheduling each reclassification cycle in all sports. The results of this process are not eligible for appeal to the AISA Athletic Committee by any member schools. The actions of the AISA Athletic Committee are final in this matter.

1.	Class AAA	65.50 boys and up
2.	Class AA	44.00 – 62.00
3.	Class A	below 44.00 boys

B. Member schools participating in the AISA interscholastic football program have been assigned to an in-class region as follows:

AISA FOOTBALL CLASSIFICATION

Class A
Region 1
Coosa Valley Academy
Crenshaw Christian Academy
Lakeside School
Lowndes Academy
Southern Academy

Class A
Region 2
Jackson Academy
Snook Christian Academy
South Choctaw Academy
Sparta Academy
Wilcox Academy

Class AA
Region 1
Abbeville Christian Academy
Chambers Academy
Edgewood Academy
Hooper Academy
Macon East Academy

Class AA
Region 2
Banks Academy
Clarke Prep School
Escambia Academy
Patrician Academy
Pickens Academy

Class AAA
Autauga Academy
Bessemer Academy
Fort Dale Academy
Glenwood School
Lee-Scott Academy
Monroe Academy
Morgan Academy
Valiant Cross Academy

8-Man Football
Cornerstone Christian School
Evangel Christian Academy
Meadowview Christian School
North River Christian Academy
Southern Preparatory Academy
Springwood School

III. Scheduling

A. A school desiring to participate in the State Play-offs procedures must schedule and play every other participating team in its designated region.

B. Note: Individually signed contracts, in addition to the master schedule is also binding and serves as a contract.

C. The AISA regular season will be ten (10) consecutive weeks in length. The AISA Athletic Committee will determine the classification structure, region alignment and the process for scheduling each reclassification cycle in all sports. The results

of this process are not eligible for appeal to the AISA Athletic Committee by any member schools. The actions of the AISA Athletic Committee are final in this matter.

1. NOTE: It is not mandatory that schools play assigned out of region games, but failure to do so will result in the following sanctions being imposed:

   a. Forfeiting schools will be ineligible for the state football play-offs for one year.
   b. Forfeiting schools must pay a $2500.00 forfeiture fee.
   c. Forfeiting school will be subject to other sanctions deemed necessary by the AISA State Office and Athletic Committee.

D. Below varsity football programs are limited to a maximum of eight (8) regular season games (excluding jamborees).

E. GAME CONTRACTS for all junior high football games must be initiated by the host team and signed by the visiting team. These contracts will be binding and should include a forfeiture fee.

IV. State Play-off Entries

A. Eight (8) teams from each classification (four [4] from each region), will earn play-off berths. Class AAA and Eight man will only advance six (6) teams.

The following criteria will be used to rank teams at the region level:

1. The first determining factor will be the won-lost percentage record of each team versus its region opponents that are eligible for the play-offs. The team with the highest won-lost percentage record against these teams will be ranked #1, etc.

2. If the first factor cannot determine the region rankings, the AISA office will utilize the stated tie-breaker procedures as presented in V, A-I.

V. Tie Breaker Procedures

A. Winner(s) in regular season region play will be ranked above loser(s).

1. Example (2 teams)
   Team A and B tied at 4-2
   Team A defeated Team B
   Team A ranked ahead of Team B

2. Example (3 teams)
   Team A, B, and C tied at 4-2
   Team A beat C, but lost to B and Z
   Team B beat A and C, but lost to X and Y
   Team B ranked ahead of A and C

B. The team with the highest margin of points in the combined decisions versus the tied teams will be selected. Tiebreaker A-1 will be applied to award the remaining berth(s). Note! The maximum number of differential points to be considered in any of the decisions is 15.

Example: 3 teams tied

Team A	defeats team B	28-12	+15
	loses to Team C	18-26	-8
		46-38	+7 Total
Team B	loses to Team A	12-28	-15
	defeats Team C	26-18	+8
		38-46	-7 Total
Team C	defeats team A	26-18	+8
	loses to team B	18-26	-8
		44-44	0 Total

Team A gets the berth

C. A flip of a coin will eliminate all but two teams then tie-breaker A-1 will be applied. The stated tie-breaker procedures must be followed for each play-off berth if applicable.

VI. State Championship Play-off Procedures:

ALL CLASSES (exception Class AAA and 8 Man)

A. The #1 team in each region will host the #4 team from the other region. The #2 team from each region will host the #3 team from the other region:

B. Semi-finals: The highest ranked teams advancing will host the semi-final games.

C. Championship Game: The highest ranked team advancing to the Tripleheader will be the home team if a tie exists then Region 1 will be the home team in even years and the Region 2 odd years.

NOTE: The AISA Football Championship Games in all three classes will be played at a neutral site. The site, game schedules, and format will be developed and published annually by the AISA state office.

D. A winner will be determined in any play-off game which ends in a tie. The overtime tie-breaker procedure as stated in the National Federation Rule Book will be utilized.

E. Teams entering second round play and the championship round must exchange films during the weekends prior to the next Friday's game.

F. The designated host school in the AISA football play-off system has the responsibility to provide an acceptable stadium for the game on the stated Friday or Saturday of game week. If mutually agreed upon the game may be scheduled and played on Thursday night of game week.

G. State Play-Off Finances

Gate Admission Fees: Regular season play, Tournament play, Double headers and Jamborees: $8.00 admission for everyone. Area/Regional Playoffs: $8.00 admission for everyone. Tripleheader Football Championships: $15.00 admission for everyone. Admission to AISA State Athletic Events is $10.00 adults and students (All-Stars, Elite 8, Championship Play, etc.). The AISA office will collect all monies and pay all bills for the Tripleheader Championship.

VII. **Conduct Rule:** Coaches and players that are ejected from contests in all sports will receive the following penalties for unsportsmanlike behavior / conduct reasons:

Players:

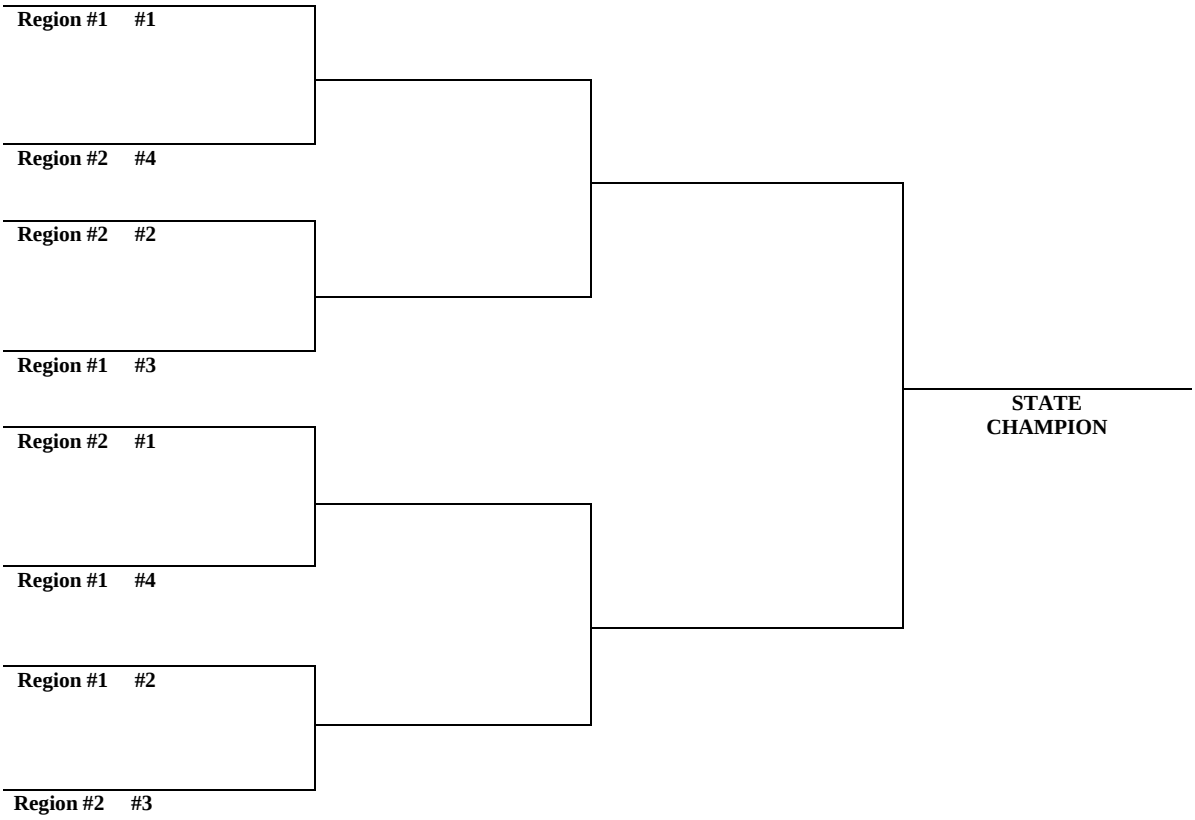
(a) First Ejection – a warning or reprimand and $250 fine.
(b) Second Ejection – a suspension for two games (all sports) and $500 fine.
(c) Third Ejection – a suspension for the remainder of the season and $1000 fine.
(d) Ejections are cumulative from sport to sport and sports season to sports season but not from one academic year to the other.

Coaches:

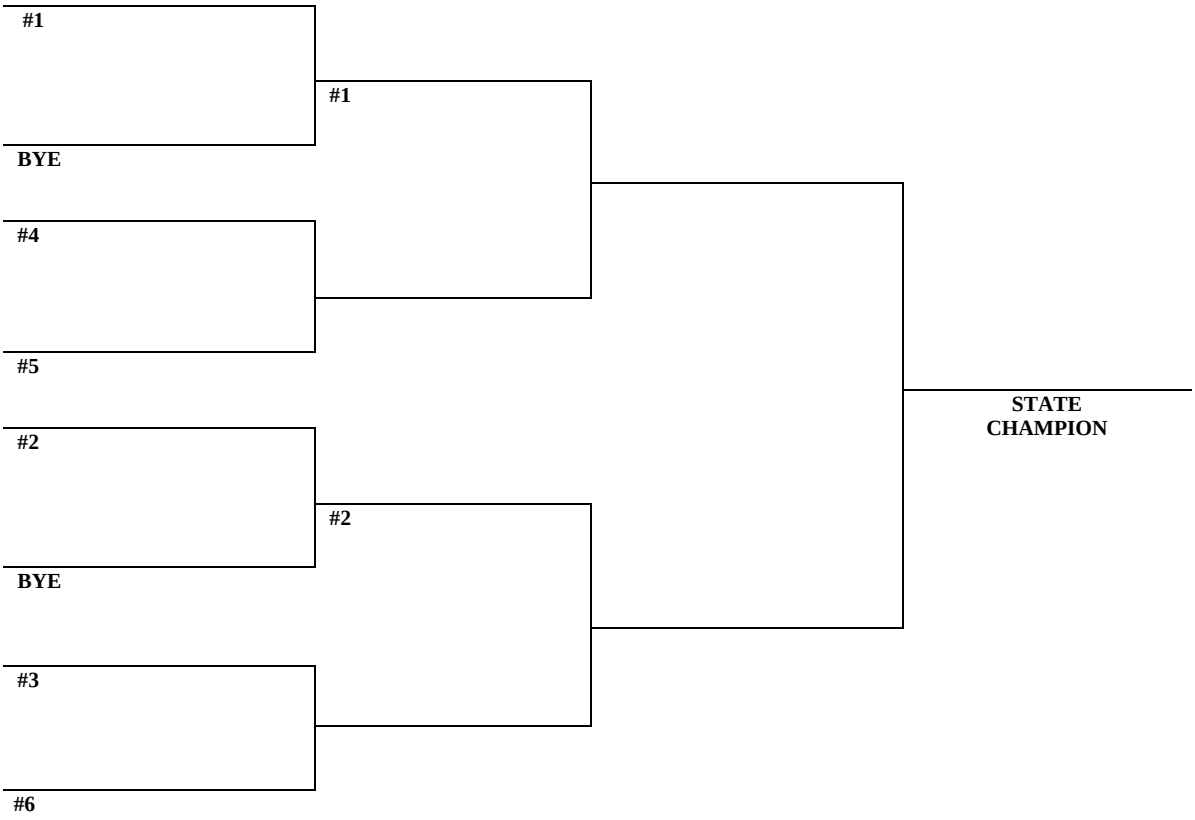
(a) First Ejection – a warning or reprimand plus a $250.00 fine.
(b) Second Ejection – a suspension for one game plus a $500.00 fine.
(c) Third Ejection – a suspension for the remainder of the season plus a fine to be determined by the Athletic Committee.
(d) With the exception of baseball/softball coaches: A coach would be confined to the dugout for the next game following his/her first ejection. Subsequent ejection policies, A-C, will follow further ejections.
NOTE: THIS CONDUCT RULE POLICY IS TO BE GIVEN TO ALL BASEBALL AND SOFTBALL UMPIRE COORDINATORS AND GAME UMPIRES BY THE SCHOOL PRIOR TO THE START OF THE GAME. UMPIRES EJECTING PLAYERS OR COACHES SHOULD NOTIFY THE AISA OFFICE IN WRITING WITHIN TWO BUSINESS DAYS. UMPIRES FAILING TO FOLLOW THE AISA CONDUCT RULE FOR PLAYERS AND COACHES WILL NOT BE ALLOWED TO UMPIRE AISA BASEBALL OR SOFTBALL.

Note: It is the responsibility of the school to notify in writing the AISA office of any ejection of a coach or player within 48 hours. There will be a $100.00 fine for failure to report ejections. A player or coach ejected for conduct reasons from any playoff and/or final game of the sports season will be fined $250.00.

PLAY-OFF BRACKET
Class A-AA



Class AAA and 8 Man



EAST-WEST ALL STAR FOOTBALL GAME

I. Teams

A. The East Team will be composed of players from each class in Region I.

B. The West Team will be composed of players from each class in Region II.

II. Coaches

A. The All-Star Coaches will be from the first and second place teams in each region/class. It will be their responsibility to select the time and place to nominate the best in their region.

B. All-Star East and West coaches may select a head coach.

C. Coaches must be full-time salaried faculty members of their school.

III. Players

A. Only senior athletes who are candidates for graduation during the current school year may be nominated or selected. Note: student-athlete must have participated two (2) seasons at an AISA member school.

B. Each team will be composed of forty-four (44) players.

C. Each AISA member school will receive an AISA nomination form for the team. Coaches will nominate only quality players for this honor. These athletes must have competed in at least half of games during the football season.

D. Each region will pick the top players from their respective region in each class. The number for each class will be as follows:

1A - 8 players
2A - 12 players
3A - 16 players

This process will give a total of 36 players for each squad. The regions will have until the 9th playing date to get your All-Star players' name into the state office.

Those players, who are nominated and not selected as the top players in each region, will be placed on a list. The remaining eight All-Stars for each team will be selected by the All-Star Coaches and the named regional coordinator from this list.

IV. General Information for All Star Game

A. Each athlete must be insured for the all star game by the school or the parent(s).

B. Each player must have a signed statement from the school administrator stating that a Physician's Certificate is on file in his office verifying that player physically able to compete.

C. Players and coaches should bring their own equipment for practice. Game jerseys will be furnished. Bring all other items needed. Note: Players must also bring a pair of white game pants.

D. Each school will be billed for the participant(s) selected to play in the all star game.

E. All athletes selected for the All-Star teams will play in the all star game.

F. The AISA reserves the right to test for illegal drugs any student-athlete selected to participate in the All-Star game.

G. The AISA office receives all monies and pays all expenses.

H. Schools will be fined $500 for a no show (non-excused) all-star. The AISA office should be notified within five days of event if an all-star will not participate.

AISA GIRLS VOLLEYBALL PROGRAM

I. General Information

A. AISA interscholastic competition will be governed by the rules of the National Federation of State High School Associations.

B. The AISA office will have volleyball rule books available for participating schools on a request basis.

C. All AISA student-athletes must meet the stated AISA eligibility requirements.

D. Organized volleyball practice will not start prior to the twentieth (20th) weekday preceding the day opening regular season play. The starting date will be listed on the AISA State Calendar of Events.

E. Volleyball teams are allowed one scrimmage and/or one jamboree per season.

II. Classification

Member schools are divided into two (3) classes (A, AA and AAA). Enrollment of all girls in grades 9-12 in each school during the 2021-2022 school year provided the basis for the 2022 and 2024 classification for volleyball.

AAA = 45.50-up AA = 36.00–45.00 A = 0–33.00

III. Region

A. Member schools have been assigned to an in-class region. The assignments are as follows:

Class A
Region 1
Autauga Academy
Cornerstone Christian School
Crenshaw Christian Academy
Coosa Valley Academy
Evangel Christian Academy
Heritage Christian Academy

Class A
Region 2
Escambia Academy
Meadowview Christian School
Snook Christian Academy
South Choctaw Academy
Wilcox Academy

Class AA
Region 1
Abbeville Christian Academy
Edgewood Academy
Lakeside School
Lowndes Academy
Macon East Academy

Class AA
Region 2
Jackson Academy
North River Christian Academy
Patrician Academy
Pickens Academy
Restoration Academy
~~Sparta Academy~~

Class AAA	**Class AAA**
Region 1	**Region 2**
Chambers Academy	Bessemer Academy
Fort Dale Academy	Clarke Prep School
Glenwood School	Monroe Academy
Hooper Academy	Morgan Academy
Lee-Scott Academy	Southern Academy

NOTE: If your school is not listed and you are planning to play interscholastic volleyball next year, please call the AISA immediately.

IV. Scheduling

Each school must play all region schools twice. Each region will secure a site for the region tournament. The top four teams from each area will participate in the region tournament.

All region counter games must be the best 3/5 format. You may play the best 2/3 in non-region /non-counter games. Each region will secure a site for the region tournament.

V. Game Officials

Schools must secure their own officials. The AISA provides official's examinations upon request.

VI. Invitational Tournament

All invitational tournaments must be sanctioned by the AISA. Teams playing in a non-sanctioned tournament will be fined $100.00

VII. Regional Tournaments (Elite Eight Format)

A. Elite 8 Tournament Seed Criteria:

The following criteria will be used to rank teams at the area level:

1. The first determining factor will be the won-lost percentage record of each team versus its region opponents that are eligible for the play-offs. The team with the highest won-lost percentage record against these teams will be ranked #1, etc. Only the required in-class region games (first two designated games) are counted. These games must be designated on both schedules.

2. If the first factor cannot determine the region rankings, the following tie-breaker procedures will be implemented in stated order.

B. Tie Breaker Procedures: Winner(s) in regular season will be ranked above loser(s).

1. Example (2 teams)
   Team A and B tied at 4-2
   Team A defeated Team B
   Team A ranked ahead of Team B

2. Example (3 teams)
   Team A, B, and C tied at 4-2
   Team A beat C, but lost to B and Z
   Team B beat A and C, but lost to X and Y
   Team B ranked ahead of A and C

C. Game percentage in area (sets won)

D. Points scored against (in area)

E. Flip coin

F. The regional tournament coordinator has full responsibility for submitting all requested information to the AISA.

VIII. State Tournaments

Officiating: State and Regional Tournaments

An official who is an employee of a given school may not officiate in any contest if his/her school competes with either school participating in the contest he/she officiates. An employee of a participating school may not officiate in any interscholastic contest in which his/her school is involved.

Elite 8 Tournament Brackets
Class A-AAA

B. Final Four

1. Awards
   Team awards will be presented to the State Champion and State Runner-up. All Tournament plaques will be presented in each classification.

2. The AISA will collect all monies and pay all bills for the State Tournament. Each participating team will pay a entry fee. The amount of the entry fee will be determined by the AISA office.

IX. **Conduct Rule:** Coaches and players that are ejected from contests in all sports will receive the following penalties for unsportsmanlike behavior / conduct reasons:

Players:
(a) First Ejection – a warning or reprimand and $250 fine.
(b) Second Ejection – a suspension for two games (all sports) and $500 fine.
(c) Third Ejection – a suspension for the remainder of the season and $1000 fine.
(d) Ejections are cumulative from sport to sport and sports season to sports season but not from one academic year to the other.

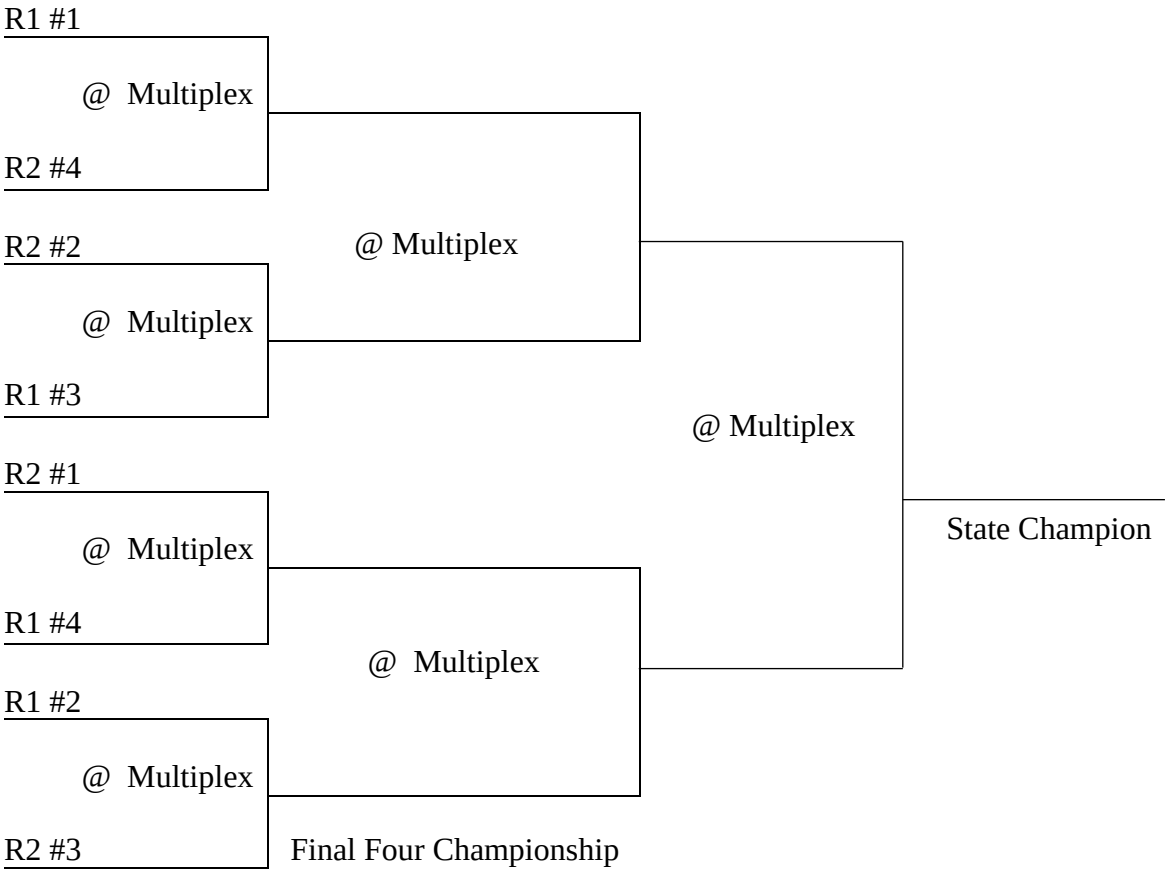
Coaches:
(a) First Ejection – a warning or reprimand plus a $250.00 fine.
(b) Second Ejection – a suspension for one game plus a $500.00 fine.
(c) Third Ejection – a suspension for the remainder of the season plus a fine to be determined by the Athletic Committee.
(d) With the exception of baseball/softball coaches: A coach would be confined to the dugout for the next game following his/her first ejection. Subsequent ejection policies, A-C, will follow further ejections.

NOTE: THIS CONDUCT RULE POLICY IS TO BE GIVEN TO ALL BASEBALL AND SOFTBALL UMPIRE COORDINATORS AND GAME UMPIRES BY THE SCHOOL PRIOR TO THE START OF THE GAME. UMPIRES EJECTING PLAYERS OR COACHES SHOULD NOTIFY THE AISA OFFICE IN WRITING WITHIN TWO BUSINESS DAYS. UMPIRES FAILING TO FOLLOW THE AISA CONDUCT RULE FOR PLAYERS AND COACHES WILL NOT BE ALLOWED TO UMPIRE AISA BASEBALL OR SOFTBALL.

Note: It is the responsibility of the school to notify in writing the AISA office of any ejection of a coach or player within 48 hours. There will be a $100.00 fine for failure to report ejections. A player or coach ejected for conduct reasons from any playoff and/or final game of the sports season will be fined $250.00.

AISA State Volleyball Tournament
Elite 8 / Final Four State Championship

Class A-AAA



EAST-WEST ALL-STAR VOLLEYBALL

I. Teams

A. The East team will be composed of players in each class in the East regions.

B. The West team will be composed of players from each class in the West regions.

II. Coaches

A. The two coaches from each division (East and West) who advance the farthest in State Tournament play will coach the All-Stars. Note: If more than two coaches from a division qualify, the AISA office will make the selection.

B. Coaches must be a full-time salaried faculty member of their school.

III. Players

A. Only senior athletes who are candidates for graduation during the current school year may be nominated or selected. Note: student-athlete must have participated two (2) seasons at an AISA member school.

B. Selection of All-Star nominees will be voted on by the coaches at the Regional Playoffs.

C. No school may have more than three (3) players selected to participate in the All-Star game.

D. An MVP will be selected from each team at the All-Star game.

IV. The AISA will secure the location and develop game format.

V. The AISA office receives all monies and pays all expenses.

VI. Schools will be fined $500 for a no show (non-excused) all-star. The AISA office should be notified within five days of event if an all-star will not participate.

AISA BOYS AND GIRLS BASKETBALL PROGRAM

I. General Information

A. The AISA will play the game according to the rules set forth by the National Federation of State High School Associations.

B. The AISA will distribute rule books at the scheduled rules clinics.

C. The AISA will sponsor a basketball rules clinic each year. It is mandatory that each school be represented by a salaried employee at an AISA sponsored rules clinic. Schools failing to attend the State sponsored clinic will be fined minimum of two hundred fifty (250) dollars.

D. The AISA office will coordinate and register all basketball officials.

E. Organized basketball practice will not starts prior to the twentieth (20th) weekday preceding the day opening regular season play. The starting date will be listed on the AISA State Calendar of Events.

F. The AISA prohibits the scheduling of basketball games on the nights of the Tripleheader and the All-Star Football game.

G. No artificial noisemakers can be used during the course of the basketball game. A pep band or cheerleader group may be used on the court only during the time which the ball is not in play, such as a full time-out, between quarters, and at half-time.

H. Game jersey colors are optional. If mutual decision cannot be reached, the home team will wear the light-colored jersey.

I. The removal of nets after any AISA basketball game is not allowed.

J. Each host school will designate an individual to meet game officials and provide them with the courtesies stipulated by the AISA.

K. The following requirements are considered essential to effective crowd control by the AISA:

1. Adequate security personnel must be available and on site to maintain order and protect game officials, participants, and professionals.

2. All schools must have an on-going sportsmanship education program for their players, students, and fans.

3. Host schools must have a prepared sportsmanship statement read over the PA system and/or posted in a conspicuous locale at the gymnasium.

4. The ASIA recommends that both teams go to their respective team area (benches) immediately at the end of the contest.

5. The AISA strongly recommends that each school adopt a policy of disallowing fans on the playing floor at any time.

6. Game management must make sure that no slanderous and/or derogatory signs, posters, slogans, and/or pictures are displayed.

7. **THE AISA WILL NOT TOLERATE AND/OR CONDONE DEMONSTRATIONS OF POOR PROFESSIONALISM OR SPORTSMANSHIP, ESPECIALLY DISPLAYS WHICH LEAD TO ALTERCATIONS AND/OR FORFEITURE. THE AISA ATHLETIC COMMITTEE AND THE AISA STATE BOARD WILL TAKE A VERY FIRM AND RIGID STAND IN MATTERS OF THIS CONCERN AND WILL LEVY HARSH SANCTIONS ON THOSE INVOLVED.**

NOTE: Fan Ejections Policy - Below are spectator sanctions concerning ejections / unsportsmanlike behavior while attending an AISA athletic contest.

- A $300 fine and a 2 (two) game suspension for football
- A $300 fine and a 4 (four) game suspension for other sports
- If less than the above minimum games remain, the fine will be $500 in addition to the remaining games
- 2nd ejection: spectator is suspended until he/she meets with the Athletic Committee during the next scheduled meeting

All fines are due to the AISA office within thirty (30) days. Schools are responsible for all fines levied.

8. Basketball official scorers do not have to wear the black/white stripe officials' shirt.

9. Basketball Thirty (30) Point Running Clock— During all games, at all levels of competition, a running clock will be used when a team has a 30 point advantage in the fourth (4th) quarter. The running clock remains in effect for the remainder of the contest.

10. Varsity Basketball Warm up Time—a maximum of ten (10) minutes of warm-up time is permitted between varsity games.

II. Classifications

Member schools are divided into the following three (3) classes: AAA, AA, A. Enrollment of all students in grades 9-12 in each school during the 2021-2022 school year provided the basis for the 2022-2023 and 2023-2024 classifications.

AAA = 107.00 - up AA = 82.00-105.50 A = 47.00–81.50

III. Regions

Member schools have been assigned to an in-class region. The assignments are as follows:

BASKETBALL RECLASSIFICATION

Class A
Region 1/Area 1
Coosa Valley Academy
Cornerstone Christian School
Evangel Christian Academy

Class A
Region 1/Area 2
Banks Academy
Heritage Christian Academy
North River Christian Academy

Class A
Region 2/Area 1
Escambia Academy
Snook Christian Academy
South Choctaw Academy
Wilcox Academy

Class A
Region 2/Area 2
Crenshaw Christian Academy
Lowndes Academy
Meadowview Christian School

Class AA
Region 1/Area 1
Abbeville Christian Academy
Chambers Academy
Lakeside School

Class AA
Region 1/Area 2
Autauga Academy
Edgewood Academy
Hooper Academy

Class AA
Region 2/Area 1
Jackson Academy
Patrician Academy
Sparta Academy

Class AA
Region 2/Area 2
Pickens Academy
Restoration Academy
Southern Academy

Class AAA
Region 1
Glenwood School
Lee-Scott Academy
Macon East Academy
Southern Prep Academy
Springwood School
Valiant Cross Academy

Class AAA
Region 2
Bessemer Academy
Clarke Prep School
Fort Dale Academy
Monroe Academy
Morgan Academy

IV. Scheduling (All Classes)

A. Member schools are required to play their assigned area/region schools twice. Only the required in-class area/region games (first two designated games) are counted. These games must be designated on both schedules.
NOTE: Area/region assignments are located in this section of the handbook.

NOTE: Penalty-Teams refusing to play their in-class area schools will forfeit all post season play opportunities.

B. Schools may schedule a maximum of twenty-four (24) regular season games; AISA recommends that schools not play more than one (1) game per week on a night preceding a school day, tournaments excluded. No team may play another more than twice in regular season competition. Games requiring travel of 100 or more miles one way should be scheduled on Friday and/or Saturday.

C. Each school may participate in: one controlled scrimmage (no admission, unannounced and scheduled during daylight hours); one jamboree (paid officials, admission charge, no more than 4 regulations quarters play per team and scheduled at night). Note: Scrimmage and jamborees must be sanctioned in writing by the AISA. Participation in an unsanctioned scrimmage or jamboree will result in a $100.00 fine being levied on the school.

D. There is no limit on the number of tournaments AISA member schools may participate in, of which only one (1) of these may have play scheduled on a school night (Monday-Thursday).

V. Invitational Tournaments (All Classes)

All tournaments must be sanctioned in writing by the AISA State Office.

VI. Tournament Seeding Area/Region Play

A. Tournament Seed Criteria: The following criteria will be used to seed the area/region tournament and/or rank teams at the area/region level for state play-off entry position (Top three (3) teams from each area advance. Please refer to bracket) AAA will follow region format bracket.

1. The first determining factor will be the won-lost percentage record of each team versus its area opponents that are eligible for the playoffs. The team with the highest won-lost percentage record against these teams will be ranked #1, etc.

2. **Example (2 teams)**
Team A and B tied at 4-2
Team A defeated Team B
Team A ranked ahead of Team B
If teams split during regular season, the team with the most points in B4 will be the higher seed for the region tournament.

3. **Example (3 teams)**
Team A, B, and C tied at 4-2
Team A beat C, but lost to B and Z
Team B beat A and C, but lost to X and Y
Team B ranked ahead of A and C

4. The two teams with the highest margin of points in the combined decisions versus the tied teams will be selected and tiebreaker A-1 will be applied to award the concerned berth. Note! The maximum number of differential points to be considered in any of the decisions is 14.

Example #1:

Team A	defeats Team B	77-62	+14
	defeats Team B	68-64	+4
	lost to Team C	48-70	-14
	lost to Team C	52-55	-3
			+1 Total
Team B	lost to Team A	62-77	-14
	lost to Team A	64-68	-4
	defeats Team C	65-60	+5
	lost to Team C	60-75	-14
			-27 Total
Team C	defeats Team A	76-48	+14
	defeats Team A	55-52	+3
	lost to Team B	60-65	-5
	defeats Team B	75-60	-14
			-2 Total

Eliminates Team B and go to B1. Team C gets berth above A, and B is third.

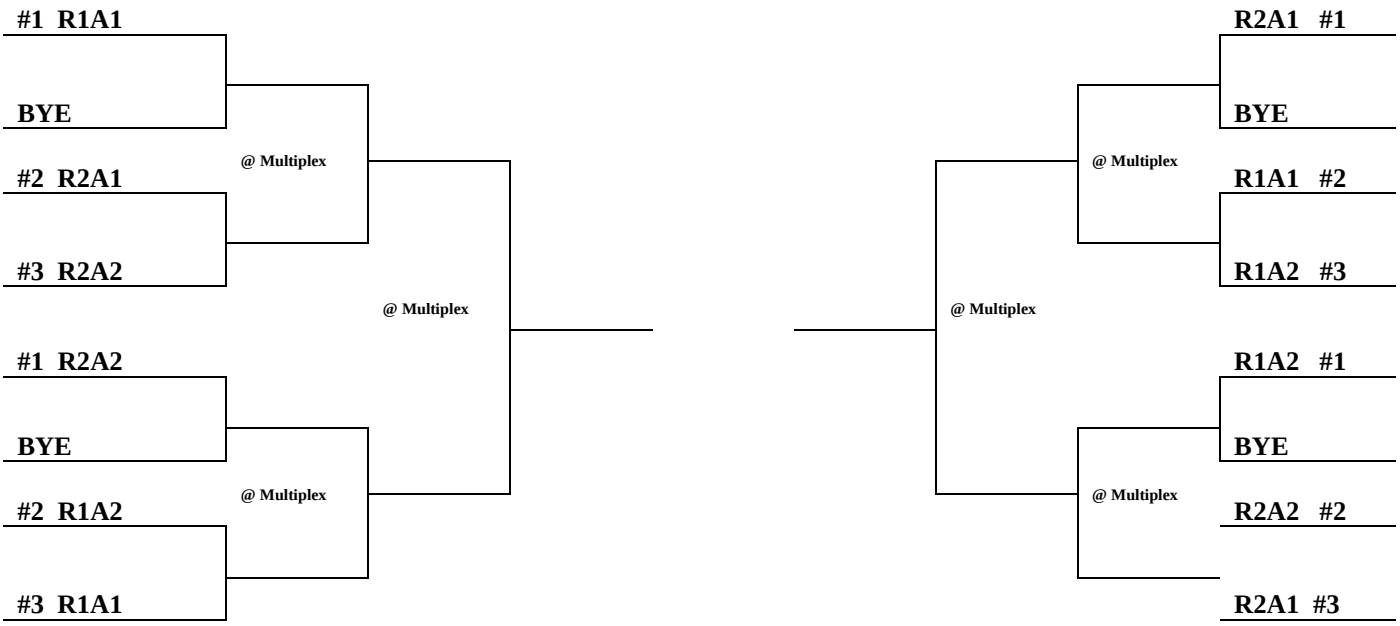
Example #2:

Team A	defeats Team B	75-60	+14
	lost to Team B	48-52	-4
	defeats Team C	68-66	+2
	lost to Team C	60-66	-6
			+6 Total
Team B	lost to Team A	60-75	-14
	defeats Team A	52-48	+4
	lost to Team C	50-52	-2
	defeats to Team C	53-50	+3
			-9 Total
Team C	lost to Team A	66-68	-2
	defeats Team A	66-60	+6
	defeats Team B	52-50	+2
	lost to Team B	50-53	-3
			+3 Total

Team B is eliminated. Teams A and C go to B1. Team C gets berth; Team A is second; and Team B is third.

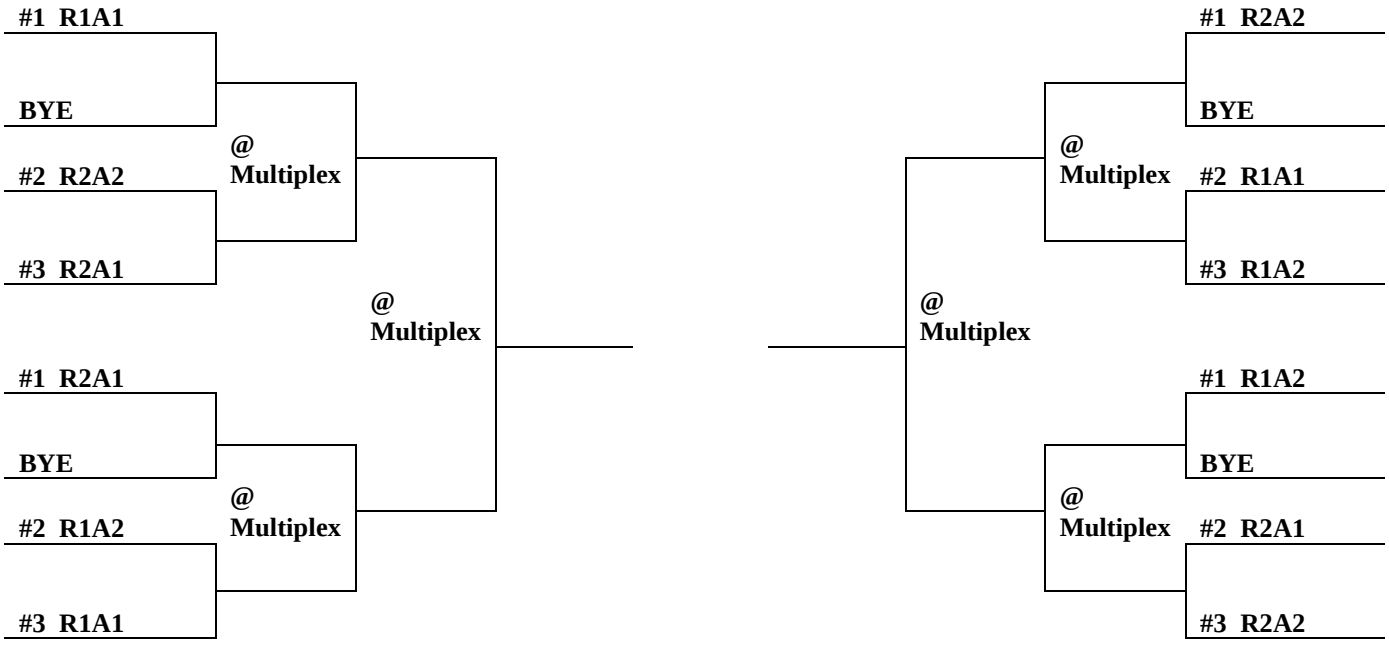
5. If still tied, the flip of a coin will determine the winner.

Basketball Tournament Pairings – 2023 Bracket
Class A-AA



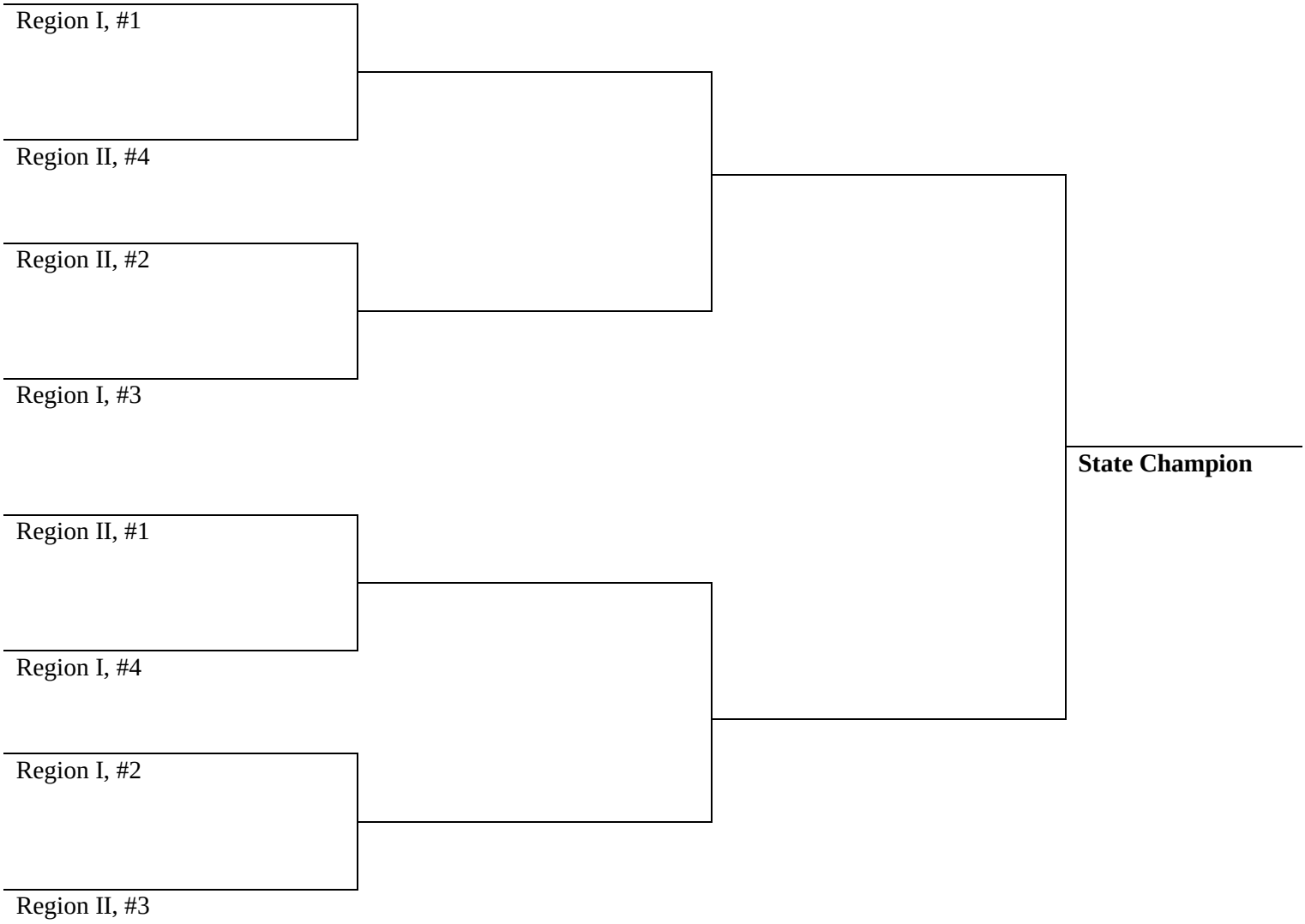
Highest seed will host 1st and 2nd round games.

Basketball Tournament Pairings – 2024 Bracket
Class A-AA



Highest seed will host 1st and 2nd round games.

Basketball Tournament Pairings – 2023-2024 Bracket
Class AAA



VII. State Tournament (All Classes)

A. General Information

1. State Tournament dates will be stated on the AISA State Calendar.

2. A maximum of forty-eight (48) teams will enter the Elite Eight of State Tournament play. This will include eight (8) girls' and eight (8) boys' teams from each of the three classifications.

3. Seeding will be determined by area/region finish/first round play. The brackets will be played out, and teams will not be seeded again for the Elite Eight or the Final Four. We will use the following procedures in case a tie still exists: #1 Head to head competition; #2 Region 1 home team even years and Region 2 odd years; #3 A toss of coin.

4. The AISA will assign all officials and clock operators for tournament games.

5. Each State Tournament entry will furnish the following information to the AISA on a form provided by the central office

   a. Regular season record (include all invitational tournament(s).

   b. Overall In-class record (include all invitational tournaments).

   c. Team roster with requested information (form located in the appendix).

6. During the tournament games, noise makers and band instruments may not be used during the course of the game. Cheerleaders may stand and cheer for their teams only during full timeouts, between quarters, and during half-time.

   Cheerleaders are requested to discourage and stop the kicking of bleachers and booing of opposing players and officials. They should make every effort to encourage their fans to demonstrate good sportsmanship at all times.

7. Schools are strongly advised that an obvious lack of crowd control will result in sanctions being placed on their school and/or athletic program.

B. Elite Eight

1. Elite Eight Pairings - All Classes

   Seeding will be determined by area/region finish/first round play. The brackets will be played out, and teams will not be seeded again for the Elite Eight or the Final Four. We will use the following procedures in case a tie still exists:

#1 Head to head competition; #2 Region 1 home team even years and Region 2 odd years; #3 A toss of coin. The Elite Eight will be held at sites to be determined, by the AISA office and will be played the week prior to the Final Four Tournament. Note! If a central site location cannot be secured, then this play will be hosted by the region champion.

The Elite Eight Tournament format and game times will be determined by the AISA office.

2. Elite Eight Finances - The AISA will collect all monies and pay all bills.

C. Final Four State Tournament

1. Final Four Tournament dates will be stated on the AISA State Calendar.

2. A maximum of twenty-four (24) teams (12 boys/12 girls) will advance to the Final Four Tournament.

3. Seeding will be determined by region tournament finish. The brackets will be played out, and teams will not be seeded again for the Elite Eight or the Final Four. We will use the following procedures in case a tie still exists: #1 Head to head competition; #2 Region 1 home team even years and Region 2 odd years; #3 A toss of coin.

4. The highest seeded team will be the home team throughout the tournament.

5. State Tournament Finances

a. The AISA state office will collect all monies and pay all bills.

VIII. **Conduct Rule:** Coaches and players that are ejected from contests in all sports will receive the following penalties for unsportsmanlike behavior / conduct reasons:

Players:
(a) First Ejection – a warning or reprimand and $250 fine.
(b) Second Ejection – a suspension for two games (all sports) and $500 fine.
(c) Third Ejection – a suspension for the remainder of the season and $1000 fine.
(d) Ejections are cumulative from sport to sport and sports season to sports season but not from one academic year to the other.

Coaches:
(a) First Ejection – a warning or reprimand plus a $250.00 fine.
(b) Second Ejection – a suspension for one game plus a $500.00 fine.
(c) Third Ejection – a suspension for the remainder of the season plus a fine to be determined by the Athletic Committee.

(d) With the exception of baseball/softball coaches: A coach would be confined to the dugout for the next game following his/her first ejection. Subsequent ejection policies, A-C, will follow further ejections.

NOTE: THIS CONDUCT RULE POLICY IS TO BE GIVEN TO ALL BASEBALL AND SOFTBALL UMPIRE COORDINATORS AND GAME UMPIRES BY THE SCHOOL PRIOR TO THE START OF THE GAME. UMPIRES EJECTING PLAYERS OR COACHES SHOULD NOTIFY THE AISA OFFICE IN WRITING WITHIN TWO BUSINESS DAYS. UMPIRES FAILING TO FOLLOW THE AISA CONDUCT RULE FOR PLAYERS AND COACHES WILL NOT BE ALLOWED TO UMPIRE AISA BASEBALL OR SOFTBALL.

Note: It is the responsibility of the school to notify in writing the AISA office of any ejection of a coach or player within 48 hours. There will be a $100.00 fine for failure to report ejections. A player or coach ejected for conduct reasons from any playoff and/or final game of the sports season will be fined $250.00.

EAST-WEST ALL-STAR BASKETBALL

I. Teams

A. The East team will be composed of players in each class in Region I.

B. The West team will be composed of players from each class in Region II.

II. Coaches

A. The AISA office will make the selection of the Coaches.

B. Coaches must be a full-time salaried faculty member of their school.

III. Players

A. Only senior athletes who are candidates for graduation during the current school year may be nominated or selected. Note: student-athlete must have participated two (2) seasons at an AISA member school.

B. Each team (boys and girls) will be composed of fifteen (15) players.

C. The AISA will furnish each region tournament coordinator with nomination forms, which must be completed and returned immediately after the region seed meeting and assist as needed in the selection process.

1A – 10 nominees 2A – 15 nominees 3A – 20 nominees

D. Teams will be selected from the combined list of nominees by the coaches of the region champions and runners up from each classification. Area coordinators will also attend the selection meeting and assist as needed in the selection process.

E. No school may have more than three (3) players selected to participate in the all-star game.

IV. General Information for All-Star Games

A. Each athlete must be insured for the All-Star game by the school or parents.

B. Each player must have a signed statement from the school administrator stating that he/she is in compliance with all AISA eligibility rules.

C. Players and coaches should bring their own equipment for practice. Game jerseys will be furnished. Bring all other items needed.

D. Each team may have one (1) manager.

E. Each school will be billed for the participant(s) selected to play in the All-Star game.

F. All athletes selected for the All-Star teams will play in the All-Star game.

G. The AISA office receives all monies and pays all expenses.

H. Schools will be fined $500 for a no show (non-excused) all-star. The AISA office should be notified within five days of event if an all-star will not participate.

AISA CHEERLEADER PROGRAM

I. The AISA cheerleading programs will be governed by the rules set forth by the National Federation in the Spirit Rules Book. Spirit Rule Books will be passed out at the annual Cheerleader Clinics. A cheerleader squad is recognized as a support group for all interscholastic teams within its school.

II. Note: The transfer rule is waived for cheerleaders in the AISA. AISA does not determine eligibility criteria for cheerleading squads at member schools. The only eligibility requirement for cheerleaders is that an AISA All Star cheerleader must be a senior and a candidate for graduation. Schools determine their own criteria for try-outs nd team selections. Students (from another AISA member school or non-member school) that try out for cheerleading in the spring and participate in practices in the spring should be covered under the school's insurance coverage. The AISA insurance only covers AISA students.

III. All AISA varsity and junior high cheerleaders must have a current physician's statement, medical history form and a parent's permit to participate and consent to treat form on file in the school office prior to participating.

IV. AISA Cheerleading Policies governing game performance:

A. The host school will designate cheerleading performance area(s) during the contest.

B. Football Games:

1. Cheerleaders are not allowed on the field of play during live ball action;

2. Cheerleaders are not allowed to perform in the coaches' box area;

3. Cheerleaders are not allowed to perform in the end zone during live ball action;

4. Cheerleaders may perform on the field of play at halftime and between quarters if teams are not on the field;

C. Basketball Games:

1. Cheerleaders are not allowed to perform on the playing floor during live ball action;

2. Cheerleaders are not allowed to perform on and/or behind the base lines during live ball action;

3. Cheerleaders are not allowed to stand and block the fans opportunity to view the contest.

4. Cheerleaders may perform on the playing floor at halftime, between quarters and during full timeouts if the teams are off the floor.

V. The AISA adopts the following Universal Cheerleader Association approved safety guidelines for cheerleading:

A. General

1. Cheerleading squads should be placed under the direction of a knowledgeable coach.

2. The cheerleading coach or other knowledgeable designated school representative should be in attendance at all practices and functions.

3. All cheerleaders should receive proper training before attempting any form of cheerleading, gymnastics (tumbling, partner stunts, pyramids, and jumps).

4. All practice sessions should be held in a location suitable for the activities of cheerleaders, i.e., use of tumbling mats where available, away from excessive noise and distractions.

5. Training in proper spotting techniques should be mandatory for all squads attempting cheerleading gymnastics.

6. Jewelry, accessories, and apparel should be conducive to safe performances.

7. Warm-up and stretching should precede all practice sessions, pep rallies, games, competitions, and other physical activities.

8. All cheerleading squads should develop a conditioning and strength-building program.

9. The cheerleading surface, location, and weather conditions should be taken into consideration before engaging in physical activity.

10. Sponsors/coaches must recognize the entire squad's particular ability level and limit the squad's activities accordingly.

B. Specific Safety Regulations

1. All pyramids and partner stunts are limited to two persons high. "Two high" is defined as the base (bottom person) having at least one foot on the ground.

2. The top person in a partner stunt or pyramid may not be in an inverted (head below the waist) position, with the exception of a forward suspended roll.

3. Use of mini-tramps, springboards or any other height increasing apparatus is prohibited.

4. Toe pitch and leg pitch flips are prohibited.

5. Free falling flips or swan dives from any type of toss, partner stunt, or pyramid are prohibited.

6. Knee drops, front, back, or side tension rolls are prohibited.

7. Birds and back arches must have a spotter.

8. Single base split catches are prohibited.

9. Vaults over partner stunts or pyramids are prohibited.

10. Basket tosses or any type of toss must be performed from ground level and must be dismounted to a cradle position by the original two bases plus an additional spotter (third person scoop.) Participants may not jump, flip, or dive over, under, or through partner stunts or pyramids or over or under individuals from basket tosses or other tosses from hands.

11. Cheerleaders may not tumble over, under, or through partner stunts, pyramids, or individuals.

12. Single based tosses higher than shoulder level must be cradled by two persons.

13. Partner stunts and pyramids higher than a shoulder-stand must have a continuous spotter for each person over shoulder-stand level.

14. Forward suspended rolls (where the person flipping is continually holding the bases hands) are allowed as long as the base or bases have their feet on the ground. Backward suspended rolls and single base suspended rolls are prohibited.

15. Helicopter tosses are prohibited.

16. Toe touch dismounts off two high pyramids are allowed as long as the person dismounted is caught by three persons in a cradle. Toe touch dismounts off of single layer table top stunts must have at least one spotter.

17. Cradle dismounts from double-based partner stunts and pyramids over shoulder level must use three catchers (either the bases and a spotter or three spotters). Cradle dismounts from single based partner stunts over shoulder-stand level must be made by two catchers (the base and the spotter, or two spotters).

18. Dive rolls are prohibited.

19. Twists greater than two rotations are prohibited.

VI. The use of slanderous and/or derogatory cheers, chants, signs, posters, or displays of any description at the site of an AISA interscholastic event is prohibited.

VII. The AISA will sponsor a cheerleader clinic annually. Clinic registration information will be mailed to all members.

VIII. AISA All-Star Cheerleader Program

The AISA All-Star Cheerleaders will perform at both the AISA All-Star Football and Basketball Games each year.

A. Qualifications

1. Must be senior and a candidate for graduation.

2. Must be nominated by their school cheerleader sponsor.

3. School's varsity squad must attend the AISA sponsored cheerleader clinic.

4. Must be skilled in the art of cheerleading.

B. Selection

1. Universal Cheerleaders Association will select twenty-four (24) all stars for both the East (Region II) and West (Region I) squads.

2. The selection format will be determined solely by U.C.A.

C. All Star Sponsors/Coaches

1. The AISA requires that each squad must have at least one (1) female coach/sponsor. These sponsors must be full-time professionals at an AISA member school.

2. Sponsors will be pursued on a volunteer basis with the AISA office making final selections on the all-star squad sponsors.

D. Schools will be fined $500 for a no show (non-excused) all-star. The AISA office should be notified within five days of event if an all-star will not participate.

AISA BOYS AND GIRLS TENNIS PROGRAM

I. General Information

A. AISA interscholastic competition will be governed by the rules of United States Tennis Association except for Special Rules that have been adopted by the AISA

B. All student-athletes must meet the AISA state eligibility criteria.

C. Organized tennis practice will not start prior to the twentieth (20th) weekday preceding the day opening regular season play. The starting date will be listed on the AISA State Calendar of Events.

D. Starting date for Match Play will be listed on the AISA State Calendar.

II. Area Assignments

Schools have been assigned to the following Areas

Girls	**Boys**
Fort Dale Academy	Fort Dale Academy
Glenwood School	Glenwood School
Lee-Scott Academy	Lee-Scott Academy
Monroe Academy	Monroe Academy
Morgan Academy	Morgan Academy
Restoration Academy	Springwood School
Southern Academy	
Springwood School	
The Lakeside School	

Any new team will be assigned to an area. If your school is not listed and is planning on playing interscholastic tennis, please call the AISA office immediately to be assigned to an area. Areas will be adjusted by the AISA on a yearly basis. The difference in the number of teams in an area may not be greater than one. Anytime the total number of teams drops to ten or less, all teams will play every AISA tennis team one time, regardless of the assigned area. The top 6 teams with the best win-loss record will advance to the State Tournament.

III. Team Format (Regular Season and State Tournament)

A. Singles Competition (Boys and Girls)

1. There will be five (5) different brackets (#1 players, #2 players, #3 players, #4 players, and #5 players).

B. Doubles Competition (Boys and Girls)

1. There will be two (2) different brackets (#1 doubles and #2 doubles).

C. Players may play both singles and doubles.

D. During the regular season, schools are encouraged to play as many positions as possible, however for team scoring; only the top 5 singles and top 2 doubles results are counted.

E. A team's best singles player must play in the No. 1 singles position, the second best in the No. 2 position, etc. Also, the best doubles team shall play in the No.1 doubles position, the second best in the No. 2 position, etc. It is strongly recommended that each team use a challenge format to rank its players for the season. This ranking must be established at the earliest possible date, preferably prior to the season, and must not change during the regular season matches.

Stacking is NOT Permissible.
Sports such as tennis have unwritten codes of ethics that are traditional and inherent in the playing rules. Coaches and players have a responsibility to uphold the ethics of tennis as well as the game rules. In an effort to promote fair play and wholesome team competition, coaches shall submit legitimate lineups based on the skill ability of their participating players. Under no circumstances shall a coach stack a lineup.

F. Number one singles players are not allowed to play on the number two doubles team.

IV. Scheduling

A. Schools must secure their own schedules and they must play each team in their assigned area at least one time. Teams will also be assigned three teams from the opposite area to play each year.

B. For a player to be eligible for the State Tournament, a singles player and/or a doubles team must have competed in at least 5 AISA school matches at the position he/she will play at State. A player must enter the State Tournament at the position he/she played the majority of regular season matches. In case of a tie the player must enter at the higher position. For Doubles: The individuals that make up a doubles team must have played five doubles matches together at the same position to qualify as a team.

C. Incomplete Teams

a. An incomplete team is a team that has less than 5 players for the entire season. An incomplete team must enter its best player in the No. 1 position, its second best player in the No. 2 position, etc. The same method must be used when a school enters less than two doubles teams.

b. Positions not filled by an incomplete team may be counted as wins (6-0, 6-0) for the opposing team.

c. Teams that have single gender programs (only boys or only girls) are considered incomplete teams. Any team that plays a single gender team, will record the defaulted matches as wins (6-0, 6-0) and the players who win by default are not required to be present at the match.

d. Any incomplete team that does not have at least four players cannot mathematically win a team match against full rosters. Therefore the burden to travel to matches falls onto teams with less than four players on both the boys and girls teams.

V. Coaching

Coaching will be allowed during regular season and during State Tournament. Authorized AISA Coaches may talk or coach their players during a normal change over after odd games. The exchange will not exceed 90 second time limit. Each School can have only TWO coaches that are allowed to talk to the players during changeovers (odd games) Coaches should be designated when lineups are exchanged and cannot be changed before the team match is complete. Coaching is not permitted during games, points, tiebreakers, bathroom breaks or medical time outs. When a 10 point tiebreaker is being used in lieu of a 3rd set, coaching is permitted during the "set break", but not during the tiebreaker. Coaches are not permitted on the courts during the match. Coaches may go on to courts on changeovers but cannot stay past the allotted 90 seconds between games.

Before play begins at the State Tournament, the tournament desk (officials) must have in writing the two coaches each school will use during the tournament and this may not change for the duration of the Tournament.

VI. Scoring

A. One point will be given to each win at the Top 5 singles positions and top 2 doubles positions.

B. Defaulted matches may be counted as wins. A default is the failure to appear i.e. "no show". It will not constitute a loss for the individual not appearing. Forfeited matches may be counted as wins. A forfeit is the failure to complete a match. Forfeits constitute a loss for the individual not completing the match.

C. If a position is played by a substitute, the results of the match still count for their opponent. However, the absent player's record is not affected.

D. Only AISA matches can be counted for qualifying purposes.

VII. Qualifying For State Tournament

A. The 4 teams with the best win/loss record (using percentages) against the teams in their area will go to the State tournament. Only area matches will be counted. Only top 5 Boys and Girls singles and top 2 Boys and Girls doubles are

considered a team match. There will be 4 Boys teams and 4 Girls teams qualifying for State from each area. If a tie exists, use the following tie-breaker procedure.

B. Tie Breaker Procedures:

When a tie exist between two teams, i.e. the same win-loss record.

a. Winner of Head to head competition will be ranked ahead of loser.

b. If still tied, the team losing the least amount of individual matches, will be ranked higher.

c. If still tied, the team losing the least amount of sets, will be ranked higher.

d. If still tied, the team losing the least amount of games, will be ranked higher.

e. If still tied, the flip of a coin will determine the winner.

In the event of a 3 or 4 way tie. The above method will be used to eliminate one team and then the process will be repeated with the remaining teams starting at Head to Head

.

C. Individuals Qualifying for State Tournament:

1. If an individual player, who is not already on the top four teams, has a better win-loss record at their position than the top two players from their area who qualified for the State Tournament, they are eligible to participate in the State Tournament. Only head to head area matches are used to determine win-loss record. If a tie exists, both players may participate in State Tournament. It is the responsibility of the coach of any qualifying individuals to notify the AISA Athletic Director when this situation occurs.

2. Coaches will be responsible for sending to the State office records for players qualifying for State Tournament on or before the Wednesday before State Tournament.

VIII. State Tournament

A. Seeding

1. There will be a Coach's meeting on the Sunday before the State Tournament to determine seeding and receive court assignments and playing times.

2. The win-loss percentage records of the state entries will determine seed placement. If a tie occurs, current year head-to-head competition will be the determinant; if the concerned did not play during the current year, then

advancement in last year's State Tournament at the same level of play will be the determinant; however if the tied players were scheduled to play and one player/doubles team was not able to play the match, the player/team that was available to play will be given the higher seed; if still tied, all coaches present at the meeting will decide. The coaches shall consider all available evidence. If coaches cannot decide, then a flip of a coin will be used.

3. There will be four (4) seeds in eight-team bracket and four (4) seeds in a sixteen team bracket. In an eight (8) team bracket seed #1 will be placed on line #1, seed #2 will be placed on line #7, seed #3 will be placed on line #5 and seed #4 will be placed on line #3. In a sixteen (16) team bracket seed #1 will be placed on line #1, #2 on line #15, #3 on line #9, and #4 on line #7. A Sixteen (16) team bracket must be used when more than eight (8) players qualify.

    a. Byes will be awarded in order of seed rank with one bye going to #1 seed, second bye to #2, etc.

4. Draw procedures: Once the seeds and byes have been placed, the rest of the bracket may be drawn in the following manner: Names of remaining players are put on the unoccupied bracket line in the order they are drawn, starting at the top and moving downward in sequence.

B. State Tournament Play Format

1. All matches will be the two of three sets. However, a match tiebreak (first to 10 points by 2) will be played in lieu of a third set if the players or doubles teams split sets during the rounds leading up to the Finals. All Finals matches will be two of three sets.

2. Rest Time - A player or players may be given a maximum of 30 minutes rest between matches and 10 minutes between 2nd and 3rd sets.

3. A player should check in 30 minutes prior to play time and must be at courts within 15 minutes after call or default.

4. Tie breaker - The 12 point tie breaker procedure will be used.

C. Team Scoring

1. One (1) point will be awarded for each advancement in singles play.

2. One (1) point will be awarded for each advancement in doubles play.

3. One (1) point will be awarded for each bye in singles and doubles.

D. Awards

1. Team Trophies

Boys and Girls State Champions
Boys and Girls State Runner-up

Note! If a tie exists then Co-Champions/runners-up will be recognized.

2. Singles Trophies

#1 Boys and Girls	1st and 2nd Place
#2 Boys and Girls	1st and 2nd Place
#3 Boys and Girls	1st and 2nd Place
#4 Boys and Girls	1st and 2nd Place
#5 Boys and Girls	1st and 2nd Place

3. Doubles Trophies

#1 Boys and Girls	1st and 2nd Place
#2 Boys and Girls	1st and 2nd Place

IX. Substitution Rule: In the event that a qualified player becomes ill or is unable to participate in the state tournament due to circumstances beyond the player's control, the following guidelines will be followed when using an alternate as a substitute:

If tournament play has not begun or the affected bracket has not had a single match begin:

An alternate for singles may play but will not be eligible to be seeded. The bracket will be redrawn if the player who withdrew was seeded.

If one member of a doubles team is unable to participate, an alternate will be allowed to substitute on the doubles team. If the original team was seeded #1 or #2, then the bracket will be redrawn with the newly formed team being seeded #4 and all other seeded teams will be moved up one seed. In all other cases the bracket will not be re-drawn.

If play has begun in the affected bracket, the substitute will play as if he/she is the original qualified player. The bracket will not be redrawn.

Any alternate will not be required to have played the 5 match minimum.

Once a player withdraws from a bracket (Singles or Doubles) they are not allowed to reenter that bracket. However, they may continue to play in any brackets from which they did not withdraw.

Alternates are only allowed if the original qualified player has not played a single point in his/her draw…substitutions can still be made if an injury, etc. occurs during warm-ups.

AISA BOYS AND GIRLS GOLF PROGRAM

I. General Information

A. The AISA will play the game according to the rules established by the U.S.G.A. However, course condition may require an exception to the stated rules. These exceptions will be determined by the Tournament coordinator and the club professional and/or the Alabama Golf Association committee.

B. All student-athletes must meet the AISA stated Eligibility criteria.

C. Organized golf practice will not start prior to the twentieth (20th) weekday preceding the day opening regular season play. The starting date will be listed on the AISA State Calendar of Events.

D. Starting date for interscholastic golf will be listed on the AISA Calendar.

E. No caddies or carts will be allowed (approved medical conditions only).

F. Measuring devices are allowed for distance only.

G. All players are required to have a GHIN number.

II. Regular Season Schedules

A. Team Entries

1. A team may consist of no less than four (4) and no more than five (5) members.

2. A maximum of twenty (20) teams may enter the State Tournament.

3. A team must play a minimum of four (4) regular season matches against AISA competition and shoot a four-man team total of 360 or less in one (1) match to qualify for State Tournament entry.

4. Team elimination and tie breaker factors are as follows: a) The average of the team's best four (4) 18 hole scores will be the first tie breaker; b) If still tied, a flip of the coin will be the determinant.

B. Individual Entries

1. A maximum of twenty (20) individuals may enter the State Tournament. However, no more than six (6) players will be allowed from any one (1) school. A team may have more than one (1) individual based on USGA handicap index provided he/she qualifies and the maximum of 120 golfers is not reached.

2. An individual must compete in at least four (4) regular season matches against AISA competition and shoot a 90 or under in at least one (1) match to qualify for State Tournament entry.

3. Individual elimination and tie breaker factors are as follows: a) The average of the individual's four (4) best 18 hole scores will be the first tie breaker; b) If still tied, a flip of the coin will be the determinant.

4. Female golfers may compete as individuals from the ladies' tee box. They may continue to compete from the male tee box and count scores towards team qualifications. (Refer to page 63, II, A & B).

C. Tournament Play:

1. The AISA Tournament will be a 36 hole play tournament.

2. Team Pairings: Pairings for the first 18 holes of play will be based on a team average score during the regular season. The top four (4) teams will be paired with foursomes made up of #1 players grouped, #2 players grouped, etc. The rest of the entered teams will be paired accordingly.

   Note: Coaches will number their players #1, #2, etc. on the entry form provided.

   Pairings for the second 18 holes of play will be based on team standings after 18 holes of play. The top four teams will be paired with foursomes made up of #1 players grouped, #2 players grouped, etc. This grouping will be based on individual scores recorded after 18 holes of golf.

   Individual Entry Pairings: Pairings for the first 18 holes of play will be based on individual's season average. Foursomes for the second 18 holes of play will be based on individual's scores from the first day's play.

   Note: If there are an uneven number of golfers in team play, then they will be paired with the individual entries.

3. Scoring: The four lowest individual scores on each team will be compiled for each 18 holes to determine the champion.

   The individual with the lowest total score for 36 holes will be declared the state individual champion.

4. Each entry must provide his/her own golf balls.

5. Entry fees will be determined each year by the AISA Athletic Committee.

6. The AISA and/or the AGA will select the site for the State Golf Tournament. A copy of the State entry form is located in the appendix.

7. Each day's play will begin with a shotgun start or other method determined by Club Pro or the Alabama Golf Association Committee.

D. Tie Breaker:

If a tie exists for team champion after 36 holes of play, the low four players from the teams concerned will play a sudden victory play-off. The total score of the four players from each team involved will be totaled after each hole of play. Once

a team is eliminated, they are out of the play-off. Play will continue until a winner is declared. A tie for individual champion will follow this same format.

E. Awards:

1. The following awards will be presented:

a. State Championship Trophy

b. State Runner-up Trophy

c. State Individual Champion (Low medalist 36 holes)

d. The AISA All State Golf Team will be comprised of the individual champion plus the next five low scorers for 36 holes.

III. **Conduct Rule:** Coaches and players that are ejected from contests in all sports will receive the following penalties for unsportsmanlike behavior / conduct reasons:

Players:
(a) First Ejection – a warning or reprimand and $250 fine.
(b) Second Ejection – a suspension for two games (all sports) and $500 fine.
(c) Third Ejection – a suspension for the remainder of the season and $1000 fine.
(d) Ejections are cumulative from sport to sport and sports season to sports season but not from one academic year to the other.

Coaches:
(a) First Ejection – a warning or reprimand plus a $250.00 fine.
(b) Second Ejection – a suspension for one game plus a $500.00 fine.
(c) Third Ejection – a suspension for the remainder of the season plus a fine to be determined by the Athletic Committee.
(d) With the exception of baseball/softball coaches: A coach would be confined to the dugout for the next game following his/her first ejection. Subsequent ejection policies, A-C, will follow further ejections.

NOTE: THIS CONDUCT RULE POLICY IS TO BE GIVEN TO ALL BASEBALL AND SOFTBALL UMPIRE COORDINATORS AND GAME UMPIRES BY THE SCHOOL PRIOR TO THE START OF THE GAME. UMPIRES EJECTING PLAYERS OR COACHES SHOULD NOTIFY THE AISA OFFICE IN WRITING WITHIN TWO BUSINESS DAYS. UMPIRES FAILING TO FOLLOW THE AISA CONDUCT

RULE FOR PLAYERS AND COACHES WILL NOT BE ALLOWED TO UMPIRE AISA BASEBALL OR SOFTBALL.

Note: It is the responsibility of the school to notify in writing the AISA office of any ejection of a coach or player within 48 hours. There will be a $100.00 fine for failure to report ejections. A player or coach ejected for conduct reasons from any playoff and/or final game of the sports season will be fined $250.00.

AISA BOYS AND GIRLS TRACK AND FIELD PROGRAM

I. General Information

A. The AISA will follow the established rules of the National Federation of State High School Associations

B. Each participating school must secure its own schedule.

C. Organized Track and Field practice will not start prior to the twentieth (20th) weekday preceding the day opening regular season play. The starting date will be listed on the AISA State Calendar of Events.

D. All student-athletes must meet AISA eligibility specifications.

E. Rule books will be available on a request basis from the AISA office.

F. The AISA State Track Meet will be administered on a metric basis.

II. State Track Meet

A. The AISA will sponsor a State Track and Field Meet each year. The dates will be noted on the AISA State Calendar.

B. Entry Criteria

1. All entries must have competed in at least two (2) regular season AISA track meets or be part of a team that has participated in at least two (2) AISA meets. Note: All participants entering an individual event must have participated in that event at least once during the regular season and have a recorded effort.

2. A school may enter a maximum of two (2) participants in all individual events. Note: A third participant may be entered if all three (3) entries have a time or distance which is equal to or better than the minimum qualifications that follow.

   These Qualifying Standards will be established before the start of track season.

   Coaches, please enter competitive people only.

3. A school may enter only one (1) team in each relay.

C. Participation Regulations

1. An individual may compete in a maximum of five (5) events if at least one of these is a field event.

2. Individuals must wear a regulation track uniform or basketball uniform. All relay teams must be dressed in exact colors, tops and bottoms. Jerseys must be tucked into shorts.

3. Spikes must meet track requirements (1/4" maximum length).

4. **RELAY SUBSTITUTES MUST BE LISTED ON ENTRY FORM.**

5. The AISA Qualifying Standards for the third participant are:

	GIRLS	BOYS
Triple Jump	29’0	38'0
High Jump	4'8	5'8"
Long Jump	15'0	19'0
Shot Put	28'	40'0"
Discus	71'0	109'0
100LH/110 HH	19.0	19.0
100 M Dash	13.5	11.5
1600 M Run	6:25	5:15
400 M Dash	1:07.0	55.0
300 IH	54.0	46.0
800 M Run	2:52	2:17.0
200 M Dash	29.0	24.0
3200 M Run	14:30	12:30

*These standards were calculated by averaging the 4th place times/distances in the state meet over the last 5 years. If the numbers were very close to the previous standard, the time/distance did not change. Also, as much as possible, the times/distances were rounded to the nearest whole number.

D. Lane Assignments

1. Lane Assignments for preliminaries will be determined by time submitted on entry form.

2. Lane assignment for finals will be determined by preliminary qualifying time and/or order of heat finish.

E. Rules Committee

1. The Meet Director and AISA Athletic Director will appoint a rules committee (Jury of Appeals) to handle grievances.

F. Finals Qualifying Criteria

1. Field Events: Each entry will get three (3) tries in preliminaries. The top eight (8) places will advance to finals. **Field event finals will be completed on the first day.**

2. Track Events: The top eight (8) places, based on times and/or heat finish, will advance to finals.

G. Scoring

The AISA State Track Meet will follow the format established by the National Federation.

H. Starting Heights

1. High Jump - Girls 4ft. 1 in. (4'1") - Boys 4 ft. 8 in. (4'8")

I. Awards

Ribbons will be awarded to each (boys and girls) 1st, 2nd, and 3rd place winners. A team trophy for each (boys and girls) relay winner and a MVP trophy for the boy and girl athlete who scores the most points will be awarded. Trophies will awarded to the Boys and Girls State Champions and runners-up. The team which accumulates the most point combining track and field events will be the State Champions.

Plaques for Division winners (1A, 2A, 3A) will be provided for both girls and boys teams which accumulate the most points combining track and field events in their class.

J. General Information

1. A coach or an adult, designated as coach by the school, must accompany participants and be responsible for his/her people at all times.

2. Admission: The meet will be divided into two (2) sessions.

3. The AISA office collects all monies and pays all bills.

III. **Conduct Rule:** Coaches and players that are ejected from contests in all sports will receive the following penalties for unsportsmanlike behavior / conduct reasons:

Players:
(a) First Ejection – a warning or reprimand and $250 fine.
(b) Second Ejection – a suspension for two games (all sports) and $500 fine.
(c) Third Ejection – a suspension for the remainder of the season and $1000 fine.
(d) Ejections are cumulative from sport to sport and sports season to sports season but not from one academic year to the other.

Coaches:
(a) First Ejection – a warning or reprimand plus a $250.00 fine.
(b) Second Ejection – a suspension for one game plus a $500.00 fine.

(c) Third Ejection – a suspension for the remainder of the season plus a fine to be determined by the Athletic Committee.

(d) With the exception of baseball/softball coaches: A coach would be confined to the dugout for the next game following his/her first ejection. Subsequent ejection policies, A-C, will follow further ejections.

NOTE: THIS CONDUCT RULE POLICY IS TO BE GIVEN TO ALL BASEBALL AND SOFTBALL UMPIRE COORDINATORS AND GAME UMPIRES BY THE SCHOOL PRIOR TO THE START OF THE GAME. UMPIRES EJECTING PLAYERS OR COACHES SHOULD NOTIFY THE AISA OFFICE IN WRITING WITHIN TWO BUSINESS DAYS. UMPIRES FAILING TO FOLLOW THE AISA CONDUCT RULE FOR PLAYERS AND COACHES WILL NOT BE ALLOWED TO UMPIRE AISA BASEBALL OR SOFTBALL.

Note: It is the responsibility of the school to notify in writing the AISA office of any ejection of a coach or player within 48 hours. There will be a $100.00 fine for failure to report ejections. A player or coach ejected for conduct reasons from any playoff and/or final game of the sports season will be fined $250.00.

AISA BOYS BASEBALL PROGRAM

I. General Information

A. The AISA will play the game according to the rules set forth by the National Federation of State High School Associations.

B. The ASIA will distribute rule books to participating schools.

C. It is mandatory that each school have one salaried employee attend a baseball rules clinic. Schools failing to attend a rules clinic will be fined $250.00. Documentation of attendance must be received by the AISA office no later than the opening date.

D. Schools must secure game officials.

E. Organized baseball practice will not start prior to the twentieth (20th) weekday preceding the day opening regular season play. The starting date will be listed on the AISA State Calendar of Events.

F. No artificial noise makers can be used during the course of the baseball game.

G. Each host school will designate an individual to meet game officials and provide them with the courtesies stipulated by the AISA.

H. Protests are not permitted in AISA interscholastic sports.

I. The following requirements are considered essential to effective crowd control by the AISA:

1. Recommended security personnel must be available and on site to maintain order and protect game officials, participants, and professionals.

2. All schools must have an on-going sportsmanship education program for their players, students, and fans.

3. Host schools must have a prepared sportsmanship statement read over the PA system and/or posted in a conspicuous locale at the field.

4. The AISA recommends that both teams go to their respective team area (dugouts) immediately at the end of the contest.

5. The AISA strongly recommends that each school adopt the policy of disallowing fans on the playing field at any time.

6. Game management must make sure that no slanderous and/or derogatory signs, posters, slogans, and/or pictures are displayed.

7. **THE AISA WILL NOT TOLERATE AND/OR CONDONE DEMONSTRATIONS OF POOR PROFESSIONALISM OR SPORTSMANSHIP, ESPECIALLY DISPLAYS WHICH LEAD TO ALTERCATIONS AND/OR FORFEITURE. THE AISA ATHLETIC COMMITTEE AND THE AISA STATE BOARD WILL TAKE A VERY FIRM AND RIGID STAND IN MATTERS OF THIS CONCERN AND WILL LEVY HARSH SANCTIONS ON THOSE INVOLVED**.

   Any person guilty of unsportsmanlike involvement with the players, coaches, officials, and/or other fans before, during, or after any AISA interscholastic event may be fined $500 and the school(s) represented by the involved may be placed on a minimum of one (1) year probation.

J. The AISA adopts the following procedure for AISA interscholastic baseball (in class play only): A game called for any reason will be treated as a suspended game. The game will be continued from the point of suspension, with the lineup and batting order of each team the same as the lineup and batting order at the moment of suspension, subject to the rules of the game.

K. The AISA adopts the Baseball 12 Run Rule after 3 innings/10 after 5 innings for all games. On deck batters for baseball and/or softball have the option to use either on deck area. Junior High contests are included in these policies. It is recommended base coaches wear protective helmets.

II. Classifications

Member schools are divided into the following three (3) classes: AAA, AA, A. Enrollment of all students in grades 9-12 in each school during the 2021-2022 school year provided the basis for the 2022-2023 and 2023-2024 classifications.

AAA = 107.00 - up AA = 82.00-105.50 A = 47.00–81.50

III. Regions

Member schools have been assigned to an in-class area/region. The assignments are as follows:

BASEBALL RECLASSIFICATION

Class A
Region 1/Area 1
Coosa Valley Academy
Cornerstone Christian School
Evangel Christian Academy

Class A
Region 1/Area 2
Banks Academy
Heritage Christian Academy
North River Christian Academy

Class A
Region 2/Area 1
Escambia Academy

Class A
Region 2/Area 2
Crenshaw Christian Academy

Snook Christian Academy
South Choctaw Academy
Wilcox Academy

Lowndes Academy
Meadowview Christian School

Class AA
Region 1/Area 1
Abbeville Christian Academy
Chambers Academy
Lakeside School

Class AA
Region 1/Area 2
Autauga Academy
Edgewood Academy
Hooper Academy

Class AA
Region 2/Area 1
Jackson Academy
Patrician Academy
Sparta Academy

Class AA
Region 2/Area 2
Pickens Academy
Restoration Academy
Southern Academy

Class AAA
Region 1
Glenwood School
Lee-Scott Academy
Macon East Academy
Southern Prep Academy
Springwood School
Valiant Cross Academy

Class AAA
Region 2
Bessemer Academy
Clarke Prep School
Fort Dale Academy
Monroe Academy
Morgan Academy

IV. Scheduling (All Classes)

A. Member schools are required to play their assigned area schools the best 2/3 format with the first date being a single game (Monday) with the second date (Tuesday) a doubleheader. These games must be designated on both schedules. Note: Assignments are located in this section of the handbook (all 3 games are counted and must be played). Inclement weather games must be made up the following day.

NOTE: Penalty - Team refusing to play their in-class area school will forfeit all post season play opportunities. Schools are required to play all in-class games to qualify for the play-offs.

B. Schools may schedule as many regular season games as they desire; AISA recommends that schools not travel more than one (1) time per week on a day or night preceding a school day. NOTE! The AISA strongly recommends that regular season baseball or softball games scheduled for day time play may not start after 6:30 p.m. on a day preceding a school day.

C. There is no limit on the number of tournaments AISA member schools may participate in, of which only one (1) of these may have play scheduled on a school day or night (Monday-Thursday) (recommended).

D. AISA member schools may schedule no more than one (1) pre-season practice game. This game must be sanctioned by the AISA and will be limited to a maximum of seven (7) innings of play.

V. Pitching Rule Limitations – New Baseball Pitching Rule:

AISA Pitching Rule (Using Pitch Count) Adopted by AISA Athletic Committee (December 7, 2016)

A. AISA Pitching Limitation Rule **(Applies to Varsity, Junior Varsity and Junior/Middle School games) --** (Regular Season and Championship Playoffs) is based on the number of (Legal and Illegal) pitches thrown in a day. The pitch count is based on pitches thrown to the batters during their time at bat. Warm up pitches allowed before each inning or those warm ups allowed by the umpire in case of injury or game delay do not count. All AISA Substitution and Pitching Rules must be followed. The number of pitches is based on the level of pitching. Specific rest periods are in place when a pitcher reaches a high threshold of pitches delivered in a day.

LEVEL	PITCHES ALLOWED PER DAY
11th & 12th Graders	120
9th & 10th Graders	100
7th & 8th Graders	85

The rest periods required during the regular and tournament season are listed below:

11th & 12th Graders:
*If a pitcher throws 76 or more pitches in a day, three (3) calendar days of rest must be observed.
*If a pitcher throws 51-75 pitches in a day, two (2) calendar days of rest must be observed.
*If a pitcher throws 26-50 pitches in a day, one (1) calendar day of rest must be observed.
*If a pitcher throws 1-25 pitches in a day no calendar day of rest is required before pitching again.

A calendar day means that if a pitcher throws 76 pitches on Tuesday that player may not pitch again until Saturday. If they throw 25 pitches on Tuesday the player may pitch again on the next day which is Wednesday. The starting time of the game does not matter in the calculation of when a pitcher is eligible to pitch again.

9th & 10th Graders:
*If a pitcher throws 76 or more pitches in a day, three (3) calendar days of rest must be observed.
*If a pitcher throws 51-75 pitches in a day, two (2) calendar days of rest must be observed.

*If a pitcher throws 26-50 pitches in a day, one (1) calendar day of rest must be observed.
*If a pitcher throws 1-25 pitches in a day no calendar day of rest is required before pitching again.

7th & 8th Graders:
*if a pitcher throws 76-85 pitches in a day, three (3) calendar days of rest must be observed.
*If a pitcher throws 51-75 pitches in a day, two (2) calendar days of rest must be observed.
*If a pitcher throws 26-50 pitches in a day, one (1) calendar day of rest must be observed.
*If a pitcher throws 1-25 pitches in a day no calendar day of rest is required before pitching again.

Any pitcher at any level who reaches the maximum pitch count limitation allowed per day during an inning will be afforded the opportunity to finish pitching to the current batter at bat.

B. AISA Pitching Limitation Rule: is based on the number of pitches thrown in a day. The pitch count is based on legal and illegal pitches thrown. The use of an ineligible pitcher, one who has violated this rule, shall result in the forfeiture of the game in which the ineligible pitcher participated as a pitcher and the offending school will also be assessed a fine of $250. The following is the number of allowable pitches and days' rest needed.

VI. Invitational Tournaments (All Classes)

All tournaments must be sanctioned in writing by the AISA State Office.

VII. State Playoff Seedings/Rankings

A. Determine Region Rankings: The first determining factor will be the won-lost percentage record of each team versus its area/region opponents that are eligible for the playoffs. The team with the highest won-lost percentage record against these teams will be ranked #1, etc. Only the required in-class area/region games are counted. These games must be designated on both schedules.

B. If the first factor cannot determine the area/region rankings, the following tie-breaker procedures will be implemented in stated order.

C. Tie Breaker Procedures: Winner(s) in regular season and tournament play will be ranked above loser(s).

1. Example (2 teams)
Team A and B tied at 4-2
Team A defeated Team B
Team A ranked ahead of Team B

If teams split during regular season, the two teams will play on the Monday prior to the first round of State Playoffs.

2. Example (3 teams)
Team A, B, and C tied at 4-2
Team A beat C, but lost to B and Z
Team B beat A and C, but lost to X and Y
Team B ranked ahead of A and C

3. A one game playoff will determine the seed and/or playoff berth. The concerned teams will toss a coin to see who will be the home team.

4. The two teams with the highest margin of points in the combined decisions versus the tied teams will be selected and tiebreaker C1 will be applied to award the concerned berth. Note! The maximum number of differential points to be considered in any of the decisions is 3.

Example #1:

Team A	defeats Team B	10-1	+3
	defeats Team B	5-4	+1
	lost to Team C	1-4	-3
	lost to Team C	5-7	-2
			-1 Total
Team B	lost to Team A	1-10	-3
	lost to Team A	4-5	-1
	defeats Team C	9-5	+3
	lost to Team C	5-9	-3
			-4 Total
Team C	defeats Team A	4-1	+3
	defeats Team A	7-5	+2
	lost to Team B	5-9	-3
	defeats Team B	9-5	+3
			+5 Total

Eliminates Team B. Teams A and C go to C1. Team C gets bid; Team A is second; and Team B is third.

Example #2:

Team A	defeats Team B	7-4	+3
	lost to Team B	5-7	-2
	defeats Team C	2-0	+2
	lost to Team C	1-2	-1
			+2 Total
Team B	lost to Team A	4-7	-3
	defeats to Team A	7-5	+2
	lost to Team C	4-6	-2
	defeats Team C	7-4	+3
			0 Total

Team C	lost to Team A	0-2	-2
	defeats Team A	2-1	+1
	defeats Team B	6-4	+2
	lost to Team B	4-7	-3
			0 Total

Team A gets bid. Team B and C go to C1 and plays on Monday prior to first round of State Playoffs.

If three (3) teams are tied with same number of runs, a coin toss winner will determine host and bye. Other two (2) teams will play until seeds are established.

VIII. State Tournament (All Classes)

A. General Information

1. State Tournament dates will be stated on the AISA State Calendar.

2. A maximum of thirty-six (36) teams will enter the Regional Round of state tournament play. This will include twelve (12) teams from each of the three classifications.

3. Each Region Tournament entry will furnish the following information to the AISA on a form provided by the central office:
   a. Regular season required in-class region record

   b. Regular season record (include all invitational tournament(s).

   c. Overall in-class record (include all invitational tournament).

4. Schools are strongly advised that an obvious lack of crowd control will result in sanctions being placed on their school and/or athletic program.

5. Each participating team will pay an entry fee. The amount of the entry fee and admission for all state tournament games will be established each year by the State Athletic Committee.

B. First / Second / Third Round Play

1. The First / Second / Third Round Play will be the typical best 2 out of 3 play format. The first day's play will be a doubleheader and the If game will be the next day.

2. First / Second / Third Round Play dates will be stated on the AISA State Calendar.

3. The highest seeded team will host the best two out of three series.

C. Finals

1. The central site will be determined by AISA.

2. The highest seeded team will be the home team.

3. State Tournament Finances

a. The AISA state office will collect all monies and pay all bills.

IX. Schools will be fined $500 for a no show (non-excused) all-star. The AISA office should be notified within five days of event if an all-star will not participate.

X. **Conduct Rule:** Coaches and players that are ejected from contests in all sports will receive the following penalties for unsportsmanlike behavior / conduct reasons:

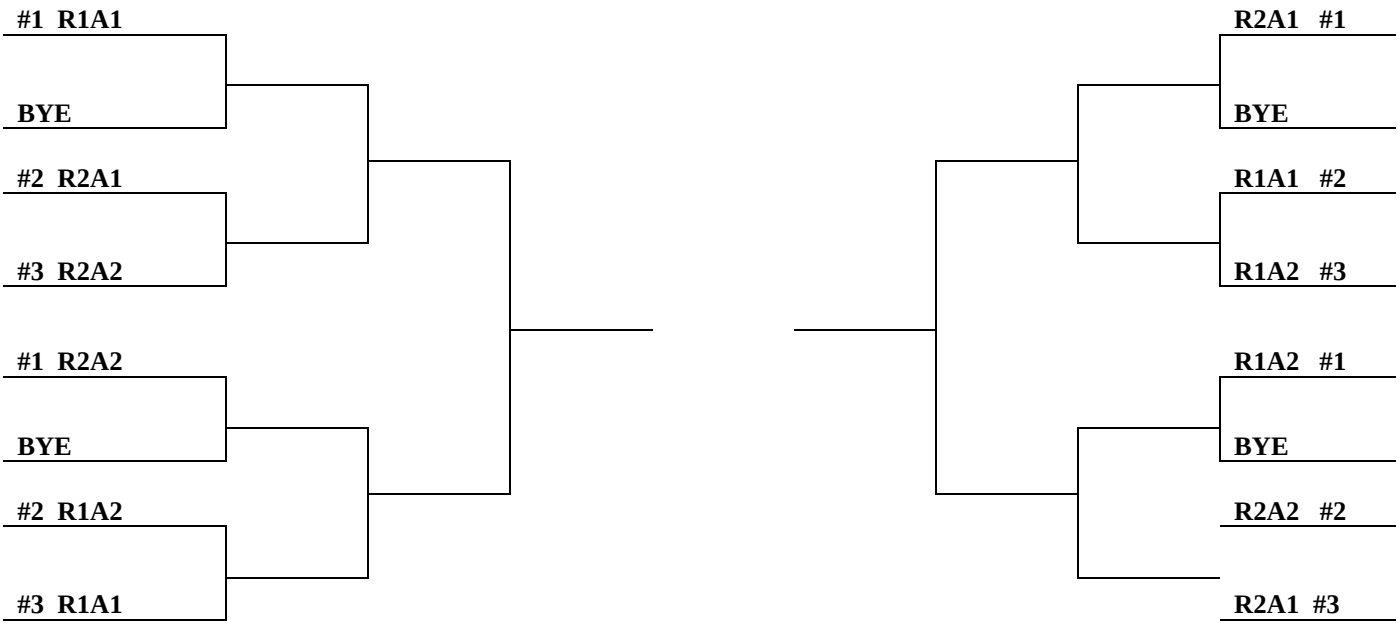
Players:
(a) First Ejection – a warning or reprimand and $250 fine.
(b) Second Ejection – a suspension for two games (all sports) and $500 fine.
(c) Third Ejection – a suspension for the remainder of the season and $1000 fine.
(d) Ejections are cumulative from sport to sport and sports season to sports season but not from one academic year to the other.

Coaches:
(a) First Ejection – a warning or reprimand plus a $250.00 fine.
(b) Second Ejection – a suspension for one game plus a $500.00 fine.
(c) Third Ejection – a suspension for the remainder of the season plus a fine to be determined by the Athletic Committee.
(d) With the exception of baseball/softball coaches: A coach would be confined to the dugout for the next game following his/her first ejection. Subsequent ejection policies, A-C, will follow further ejections.

NOTE: THIS CONDUCT RULE POLICY IS TO BE GIVEN TO ALL BASEBALL AND SOFTBALL UMPIRE COORDINATORS AND GAME UMPIRES BY THE SCHOOL PRIOR TO THE START OF THE GAME. UMPIRES EJECTING PLAYERS OR COACHES SHOULD NOTIFY THE AISA OFFICE IN WRITING WITHIN TWO BUSINESS DAYS. UMPIRES FAILING TO FOLLOW THE AISA CONDUCT RULE FOR PLAYERS AND COACHES WILL NOT BE ALLOWED TO UMPIRE AISA BASEBALL OR SOFTBALL.

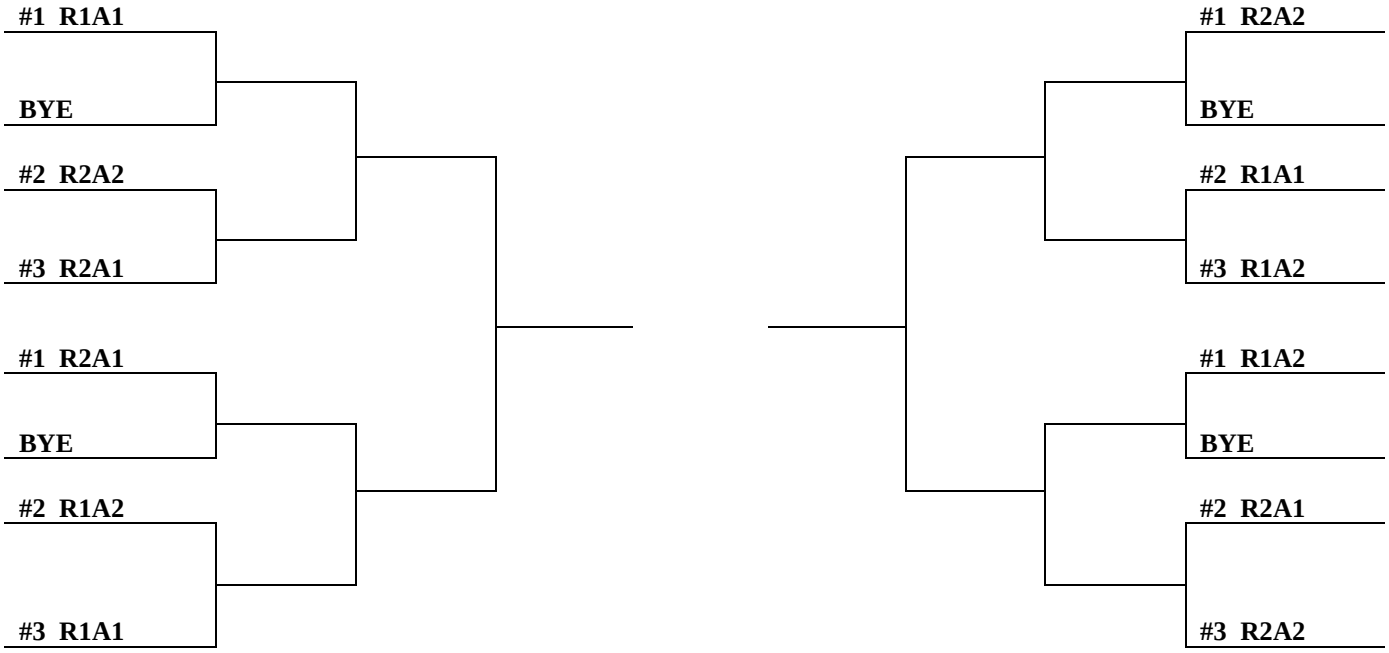
Note: It is the responsibility of the school to notify in writing the AISA office of any ejection of a coach or player within 48 hours. There will be a $100.00 fine for failure to report ejections. A player or coach ejected for conduct reasons from any playoff and/or final game of the sports season will be fined $250.00.

Baseball Tournament Pairings – 2023 Bracket
Class A-AA

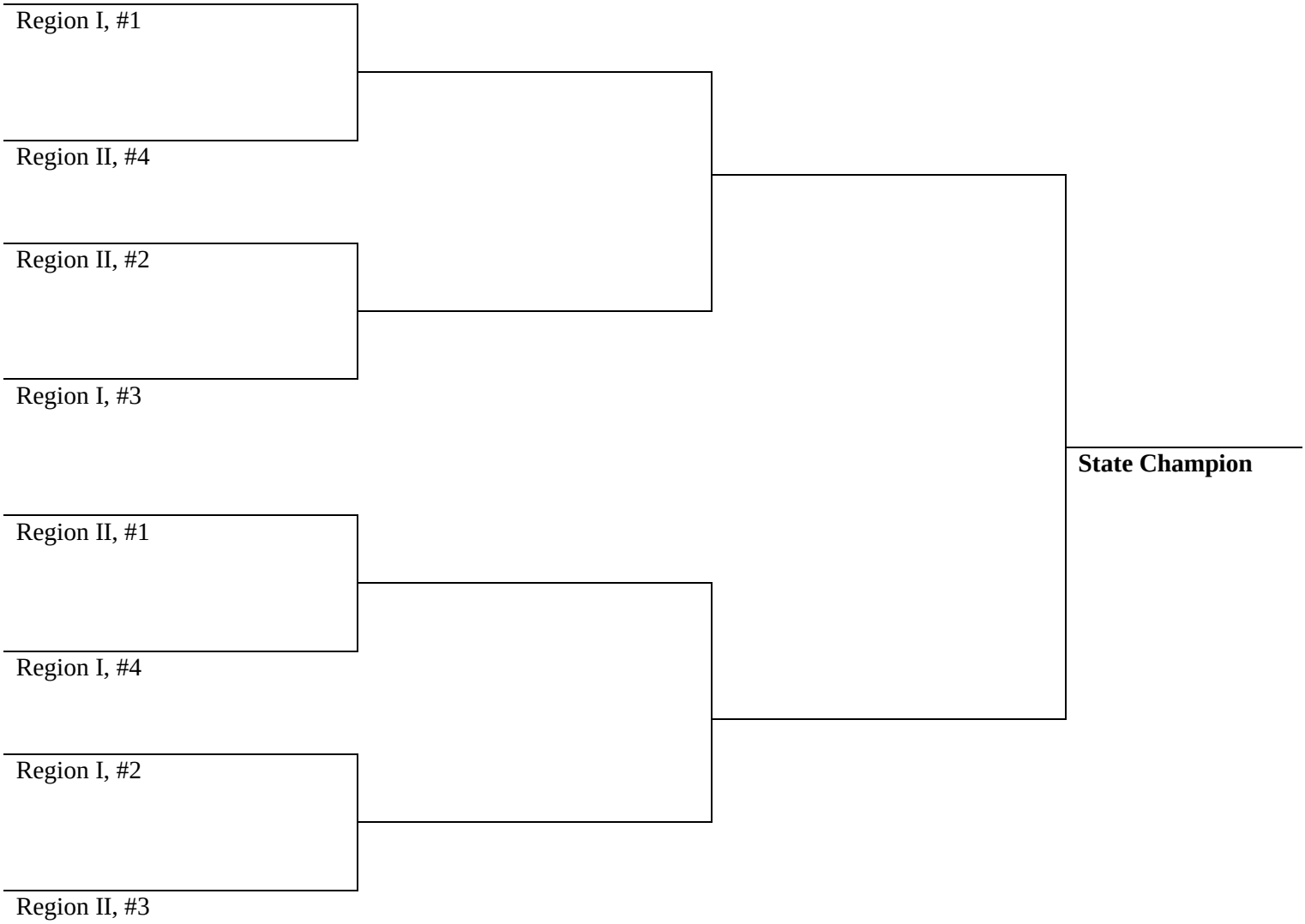


Highest seeded team will host the best 2 of 3 series. The first days play will be a doubleheader, and the If game will be the next day. HIGHEST SEEDED TEAM WILL BE HOME TEAMS THE FIRST GAME AND "IF" GAME WITH THE VISITING TEAM BEING HOME THE SECOND GAME. If a tie exists, Region 1 will be the home team even years, and Region 2 will be the home team odd years.

Baseball Tournament Pairings – 2024 Bracket
Class A-AA



Baseball Tournament Pairings – 2023-2024 Bracket
Class AAA



AISA GIRLS SOFTBALL PROGRAM

I. General Information

A. The AISA will play the game according to the rules set forth by the National Federation of State High School Associations.

B. The AISA will distribute rule books to participating schools.

C. It is mandatory that each school have one salaried employee attend a softball rules clinic. Schools failing to attend a rules clinic will be fined $250.00. Documentation of attendance must be received by the AISA office no later than the opening date.

D. Schools must secure their own game officials.

E. Organized softball practice will not start prior to the twentieth (20th) weekday preceding the day opening regular season play. The starting date will be listed on the AISA State Calendar of Events.

F. No artificial noisemakers can be used during the course of the game.

G. Each host school will designate and individual to meet game officials and provide them with the courtesies stipulated by the AISA.

H. Protests are not be permitted in AISA interscholastic play.

I. The following requirements are considered essential to effective crowd control by the AISA:

1. Adequate security personnel must be available and on site to maintain order and protect game officials, participants, and professionals.

2. All schools must have an on-going sportsmanship education program for their players, students, and fans.

3. Host schools must have a prepared sportsmanship statement read over the PA system and/or posted in a conspicuous locale at the field.

4. The AISA recommends that both teams go to their respective team area (dugouts) immediately at the end of the contest.

5. The ASIA strongly recommends that each school adopt the policy of disallowing fans on the playing field at any time.

6. Game management must make sure that no slanderous and/or derogatory signs, posters, slogans, and/or pictures are displayed.

7. **THE AISA WILL NOT TOLERATE AND/OR CONDONE DEMONSTRATIONS OF POOR PROFESSIONALISM OR SPORTSMANSHIP, ESPECIALLY DISPLAYS WHICH LEAD TO ALTERCATIONS AND/OR FORFEITURE. THE AISA ATHLETIC COMMITTEE AND THE AISA STATE BOARD WILL TAKE A VERY FIRM AND RIGID STAND IN MATTERS OF THIS CONCERN AND WILL LEVY HARSH SANCTIONS ON THOSE INVOLVED.**

   Any person guilty of unsportsmanlike involvement with the players, coaches, officials, and/or other fans before, during, or after any AISA interscholastic event may be fined $500 and the school(s) represented by the involved may be placed on a minimum of one (1) year probation.

J. The AISA adopts the Softball 12 Run Rule after 3 innings/10 after 4 innings, 8 after 5 innings for all games. On deck batters for baseball and/or softball have the option to use either on deck area. Junior High contests are included in these policies. It is recommended base coaches wear protective helmets. International tiebreaker must be used after 7 innings.

II. Classifications

Member schools are divided into the following three (3) classes: AAA, AA, A. Enrollment of all students in grades 9-12 in each school during the 2021-2022 school year provided the basis for the 2022-2023 and 2023-2024 classifications.

AAA = 107.00 - up AA = 82.00-105.50 A = 47.00–81.50

III. Regions

Member schools have been assigned to an in-class region. The assignments are as follows:

SOFTBALL RECLASSIFICATION

Class A
Region 1/Area 1
Coosa Valley Academy
Cornerstone Christian School
Evangel Christian Academy

Class A
Region 1/Area 2
Banks Academy
Heritage Christian Academy
North River Christian Academy

Class A
Region 2/Area 1
Escambia Academy
Snook Christian Academy
South Choctaw Academy
Wilcox Academy

Class A
Region 2/Area 2
Crenshaw Christian Academy
Lowndes Academy
Meadowview Christian School

Class AA
Region 1/Area 1
Abbeville Christian Academy
Chambers Academy
Lakeside School

Class AA
Region 1/Area 2
Autauga Academy
Edgewood Academy
Hooper Academy

Class AA
Region 2/Area 1
Jackson Academy
Patrician Academy
Sparta Academy

Class AA
Region 2/Area 2
Pickens Academy
Restoration Academy
Southern Academy

Class AAA
Region 1
Glenwood School
Lee-Scott Academy
Macon East Academy
Southern Prep Academy
Springwood School
Valiant Cross Academy

Class AAA
Region 2
Bessemer Academy
Clarke Prep School
Fort Dale Academy
Monroe Academy
Morgan Academy

IV. Scheduling (All Classes)

A. Member schools are required to play their assigned area/region schools the best 2/3 format with the first date being a single game with the second date a doubleheader. These games must be designated on both schedules. Note: Assignments are located in this section of the handbook (all 3 games are counted and must be played). Inclement weather games must be played the following day.

NOTE: Penalty - Team refusing to play their in-class area/region school will forfeit all post season play opportunities. Schools are required to play all in-class games to qualify for the playoffs.

B. Schools may schedule as many regular season games as they desire; the AISA recommends that schools not travel more than one (1) time per week on a day or night preceding a school day.

NOTE! The AISA strongly recommends that regular season baseball or softball games scheduled for day time play may not start after 6:30 p.m. on a day preceding a school day.

C. There is no limit on the number of tournaments AISA member schools may participate in, of which only one (1) of these may have play scheduled on a school day or night (Monday-Thursday).

D. AISA member schools may schedule no more than one (1) pre-season practice game. This game must be sanctioned by the AISA and will be limited to a maximum of seven (7) innings of play.

V. Invitational Tournaments (All Classes)

All tournaments must be sanctioned in writing by the AISA State Office.

VI. State Playoff Seedings/Rankings

A. Determine Region Rankings: The first determining factor will be the won-lost percentage record of each team versus its area/region opponents that are eligible for the playoffs. The team with the highest won-lost percentage record against these teams will be ranked #1, etc. Only the required in-class area/region games (first two designated games) are counted. These games must be designated on both schedules.

B. If the first factor cannot determine the region rankings, the following tie-breaker procedures will be implemented in stated order.

C. Tie Breaker Procedures: Winner(s) in regular season and tournament play will be ranked above loser(s).

1. Example (2 teams)
Team A and B tied at 4-2
Team A defeated Team B
Team A ranked ahead of Team B

2. Example (3 teams)
Team A, B, and C tied at 4-2
Team A beat C, but lost to B and Z
Team B beat A and C, but lost to X and Y
Team B ranked ahead of A and C

3. The two teams with the highest margin of points in the combined decisions versus the tied teams will be selected and tiebreaker C1 will be applied to award the concerned berth. Note! The maximum number of differential points to be considered in any of the decisions is 3.

Example #1:

Team A	defeats Team B	10-1	+3
	defeats Team B	5-4	+1
	lost to Team C	1-4	-3
	lost to Team C	5-7	-2
			-1 Total
Team B	lost to Team A	1-10	-3
	lost to Team A	4-5	-1
	defeats Team C	9-5	+3
	lost to Team C	5-9	-3
			-4 Total
Team C	defeats Team A	4-1	+3

defeats Team A	7-5	+2
lost to Team B	5-9	-3
defeats Team B	9-5	+3
		+5 Total

Eliminates Team B. Teams A and C go to C1. Team C gets bid; Team A is second; and Team B is third.

Example #2:

Team A	defeats Team B	7-4	+3
	lost to Team B	5-7	-2
	defeats Team C	2-0	+2
	lost to Team C	1-2	-1
			+2 Total
Team B	lost to Team A	4-7	-3
	defeats to Team A	7-5	+2
	lost to Team C	4-6	-2
	defeats Team C	7-4	+3
			0 Total
Team C	lost to Team A	0-2	-2
	defeats Team A	2-1	+1
	defeats Team B	6-4	+2
	lost to Team B	4-7	-3
			0 Total

Team A gets bid. Team B and C go to C1 and plays on Monday prior to State Tournament.

VII. State Tournament (All Classes)

A. General Information

1. State Tournament dates will be stated on the AISA State Calendar.
2. Four teams from each of the two (2) regions in each of the three (3) classifications will advance to the State Softball Tournament for a total of twenty-four (24) teams. The State Tournament will be played at a central site. (Lagoon Park - Montgomery, AL)

3. Each participating team will pay an entry fee. The amount of the entry fee will be determined by the AISA office.

4. The State Tournaments for fast pitch softball will be double elimination with no consolation brackets.

5. Schools are strongly advised that an obvious lack of crowd control will result in sanctions being placed on their school and/or athletic program.

6. State Pairings (See VI, State Playoff Seedings/Rankings)

Region 1 #1 will play Region 2 #4
Region 1 #2 will play Region 2 #3
Region 1 #3 will play Region 2 #2
Region 1 #4 will play Region 2 #1

The following seed criteria will determine rankings:

a. The highest seeded team will be the home team through the semi-finals. The undefeated team will be home team the first game of championship and a coin toss will determine home team for the if game.

b. State Tournament Finances

The AISA will collect all monies and pay all bills.

VIII. Schools will be fined $500 for a no show (non-excused) all-star. The AISA office should be notified within five days of event if an all-star will not participate.

IX. **Conduct Rule:** Coaches and players that are ejected from contests in all sports will receive the following penalties for unsportsmanlike behavior / conduct reasons:

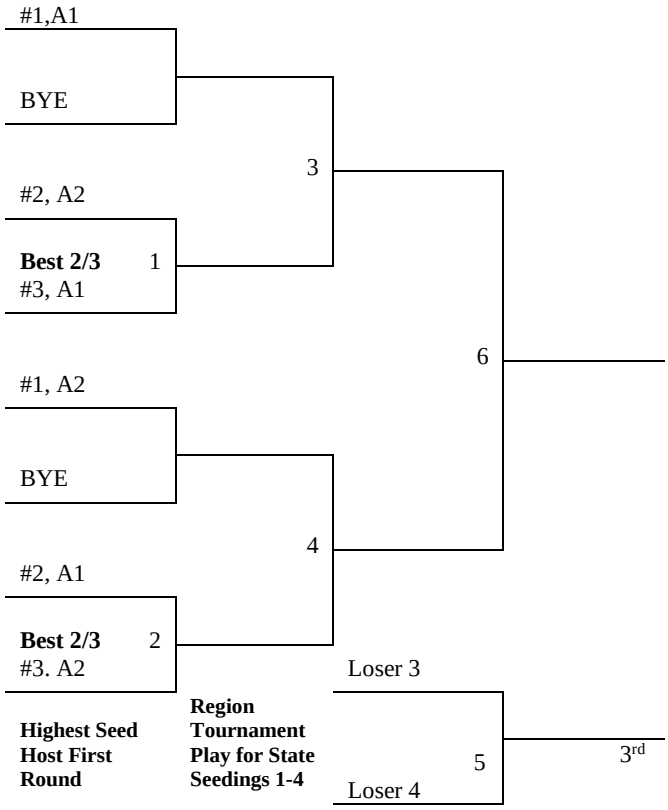
Players:
(a) First Ejection – a warning or reprimand and $250 fine.
(b) Second Ejection – a suspension for two games (all sports) and $500 fine.
(c) Third Ejection – a suspension for the remainder of the season and $1000 fine.
(d) Ejections are cumulative from sport to sport and sports season to sports season but not from one academic year to the other.

Coaches:
(a) First Ejection – a warning or reprimand plus a $250.00 fine.
(b) Second Ejection – a suspension for one game plus a $500.00 fine.
(c) Third Ejection – a suspension for the remainder of the season plus a fine to be determined by the Athletic Committee.
(d) With the exception of baseball/softball coaches: A coach would be confined to the dugout for the next game following his/her first ejection. Subsequent ejection policies, A-C, will follow further ejections.

NOTE: THIS CONDUCT RULE POLICY IS TO BE GIVEN TO ALL BASEBALL AND SOFTBALL UMPIRE COORDINATORS AND GAME UMPIRES BY THE SCHOOL PRIOR TO THE START OF THE GAME. UMPIRES EJECTING PLAYERS OR COACHES SHOULD NOTIFY THE AISA OFFICE IN WRITING WITHIN TWO BUSINESS DAYS. UMPIRES FAILING TO FOLLOW THE AISA CONDUCT RULE FOR PLAYERS AND COACHES WILL NOT BE ALLOWED TO UMPIRE AISA BASEBALL OR SOFTBALL.

Note: It is the responsibility of the school to notify in writing the AISA office of any ejection of a coach or player within 48 hours. There will be a $100.00 fine for failure to report ejections. A player or coach ejected for conduct reasons from any playoff and/or final game of the sports season will be fined $250.00.

Bracket Pairings Softball
A and AA Bracket



Bracket Pairings Softball
AAA Bracket

AISA SOCCER PROGRAM

I. General Information

A. AISA offers a male division and/or female division.

B. The AISA will play the matches according to the National Federation of State High School Associations.

C. The AISA will distribute rule books to participating schools.

D. The individual schools will be responsible for coordinating their own certified officials. Schools should schedule three (3) officials for soccer games.

E. All AISA student athletes must meet stated AISA eligibility requirements.

F. Organized soccer practice may begin on the starting date listed on the AISA Calendar of Events.

G. Schools must secure their own schedules at this time, playing a home and home schedule with each participating region opponent. Teams refusing to play their region schools will forfeit all post season play opportunities.

H. Please refer to page 9, XIX for policies referring to off season practice /tryouts.

I. Each school host will designate school representative to meet officials before and after match.

J. All fields must have correct markings according the National Federation of State High School Associations. Field and goal size must agree with NFHS rules, field: length-100-120 yards/width – 55-80 yards. Goals: height- 8 feet/width-8 yard.

K. Effective Crowd Control:

1. Adequate security personnel.

2. Schools must have an ongoing sportsmanship education program for their players, students, and fans.

3. Host schools must have a sportsmanship statement posted in a conspicuous locale at the field.

4. AISA recommends that both teams go to their respective team area at the end of the contest.

5. AISA strongly recommends that each school adopt the policy of disallowing fans on the playing field at any time.

6. Game management must make sure that no slanderous and/or derogatory signs, posters, slogans and/or pictures are displayed.

7. **THE AISA WILL NOT TOLERATE AND/OR CONDONE DEMONSTRATIONS OF POOR PROFESSIONALISM OR SPORTSMANSHIP, ESPECIALLY DISPLAYS WHICH LEAD TO ALTERCATIONS AND/OR FORFEITURE. THE AISA ATHLETIC COMMITTEE AND THE AISA STATE BOARD WILL TAKE A VERY FIRM AND RIGID STAND IN MATTERS OF THIS CONCERN AND WILL LEVY HARSH SANCTIONS ON THOSE INVOLVED.**

   Any person guilty of unsportsmanlike involvement with the players, coaches, officials, and/or other fans before, during, or after any AISA interscholastic event may be fined $500 and the school(s) represented by the involved may be placed on a minimum of one (1) year probation.

L. Classifications—AISA will not classify member schools for soccer at this time.

M. Ejection and Conduct Rule: AISA will follow the National Federation of State High School Associations for ejections in soccer and then will follow the AISA conduct rule found on page 6 (VII) of the Athletic Handbook.

N. Tournament—a State Soccer Tournament will be held at a sight to be determined.

   Tournament Coordinator will be responsible for submitting all requested information to the AISA.

O. FIFA approved soccer ball (size 5) must be used for all matches (Wilson).

P. Each roster given to the official / coach must include the players number, full name and grade level.

Q. Soccer Region:

   Autauga Academy
   Fort Dale Academy
   Glenwood School
   Lee-Scott Academy
   Morgan Academy – boys only
   Southern Preparatory Academy – boys only
   Springwood School

R. Team Standings during the regular season—There will be one (1) Region. Only Region play will affect the standings. There will be a points system in AISA Soccer: 3 points for win, 0 points for loss and 1 point for tie. There will be five

goal maximum differential carried. No overtime or shoot-outs during regular season play.

S. Play-offs and State Championships (Girls and Boys) —Tie-breakers when ranking teams for State Tournament play: Best record in Region Head to head competition

T. Differential in Region play: 1. Head to head goal differential. 2. Goals Against in Region play subtracted from Goals For in Region play (max 5 goals) 3. Goals against in region play (max 5 per game). 4. Goals for in region play (max 5 per game). 5. Coin flip.

U. Play offs: During the playoffs there will be an overtime period of 10 minutes of full time straight through, no breaks followed by our approved shoot-out protocol. All playoff games will be played to a final win or loss. Teams may choose any five (5) to take penalty kicks. Only the players on the field may be chosen for the penalty kicks. Flip of coin will determine which team shoots first. Teams will alternate shooting. Best percentage of five (5) wins. If still tied, a new set of five (5) shooters must be chosen. They can be anyone on the roster. In this second round of shoot-outs, teams will continue to alternate shooting until one (1) team scores and one (1) team misses. Equal number of shots must be attempted. If still tied, another five (5) shooters can be chosen from the entire squad. You can have repeat shooters until one (1) scores and one (1) misses.

V. Concerning inclement weather and completion of soccer game, please refer to page 36, Rule 7, Article 3 in the NFHS Rule Book.

II. Conduct Rule: Coaches and players that are ejected from contests in all sports will receive the following penalties for unsportsmanlike behavior / conduct reasons:

Players:

(a) First Ejection – a warning or reprimand and $250 fine.
(b) Second Ejection – a suspension for two games (all sports) and $500 fine.
(c) Third Ejection – a suspension for the remainder of the season and $1000 fine.
(d) Ejections are cumulative from sport to sport and sports season to sports season but not from one academic year to the other.

Coaches:

(a) First Ejection – a warning or reprimand plus a $250.00 fine.
(b) Second Ejection – a suspension for one game plus a $500.00 fine.
(c) Third Ejection – a suspension for the remainder of the season plus a fine to be determined by the Athletic Committee.
(d) With the exception of baseball/softball coaches: A coach would be confined to the dugout for the next game following his/her first ejection. Subsequent ejection policies, A-C, will follow further ejections.

NOTE: THIS CONDUCT RULE POLICY IS TO BE GIVEN TO ALL BASEBALL AND SOFTBALL UMPIRE COORDINATORS AND GAME UMPIRES BY THE SCHOOL PRIOR TO THE START OF THE

GAME. UMPIRES EJECTING PLAYERS OR COACHES SHOULD NOTIFY THE AISA OFFICE IN WRITING WITHIN TWO BUSINESS DAYS. UMPIRES FAILING TO FOLLOW THE AISA CONDUCT RULE FOR PLAYERS AND COACHES WILL NOT BE ALLOWED TO UMPIRE AISA BASEBALL OR SOFTBALL.

Note: It is the responsibility of the school to notify in writing the AISA office of any ejection of a coach or player within 48 hours. There will be a $100.00 fine for failure to report ejections. A player or coach ejected for conduct reasons from any playoff and/or final game of the sports season will be fined $250.00.

AISA RISK MANAGEMENT PROGRAM FOR LOCAL LEVEL SPORTS

Each member school is encouraged to develop and implement a risk management program for its sports program. The Athletic Director in conjunction with the school administrator, doctors, athletic trainers, and coaching staff must develop this program with primary emphasis on: 1) reducing the chance of injury to the athlete; 2) Proper care and treatment of the injured athlete; 2) Proper care and treatment of the injured athlete; 3) Reducing the chance of legal action against the program.

Concern for the well being of each individual must be the top priority of this program.

Program policy and procedure statements must be written covering (but not limited to) the following critical areas:

I. Participation Requirements for the Student-Athlete:

A. The following information must be current and on file for each participant:

1. Medical history data
2. Annual medical physical examination
3. Injury record and treatment
4. Off-season conditioning program participation data
5. Physical performance record on required test
6. Parent's permit to participate
7. Parent's Consent to Treat Form
8. Insurance coverage

II. Parent/Student-Athlete Awareness

A. Scheduled joint meeting of parents and athletes prior to the start of each sport season.

1. Inform parents and students about the following:

a. The possibility of injury (even the catastrophic injury) while participating - Be specific;
b. Equipment care, use, and limitations;
c. Conditioning requirements;
d. Diet and health habits;
e. Fundamentals and techniques to be taught;
f. Injury treatment and rehabilitation;
g. Insurance coverage;
h. Specific rules of the sport;
i. Individual accountability of the athlete;
j. Signed statement of understanding and permission to participate by parents.

III. Equipment, Apparatus, and Facility Safety Checks:

A. Regularly scheduled safety checks on all:
   1. Athletic facilities;
   2. Athletic apparatus;
   3. Athletic equipment;
   4. Player protective equipment

B. Keep accurate records of these safety checks.

IV. Player Equipment:

A. Purchase quality products.
B. Proper fitting of all equipment
C. Player orientation on care, use, limitations, and personal checks of all equipment issued.
D. Procedure to follow when equipment problems are noted
E. Re-certify all protective equipment annually.

V. Climate and Atmospheric Conditions:

A. Heat and humidity effects on players
B. Preventive measures pertaining to heat problems

VI. Conditioning Programs Off-season/In-season

A. Participation requirements
B. Performance records maintained
C. Program objectives - flexibility, strength, and agility

VII. Handling the Injury

A. Immediate procedures
B. Available professionals - Trainer - Doctor
C. Emergency/professional care contacts
D. Record all data available if catastrophic
E. Treatment and rehab
F. Media releases

VIII. Insurance Program

A. All athletes must be covered by basic and catastrophic insurance.

IX. Staff Development

A. Total program review and update
B. Specific duties and responsibilities
C. Rules review and update - clinic attendance
D. Keep administrator informed
E. Keep accurate minutes and/or record meetings.
F. Volunteer coaches’ attendance required

X. Supervision Requirements

A. Coach must be on site in a supervisory capacity at all times when athletic equipment, facilities, and/or apparatus are in use.

B. The AISA strongly recommends that a certified CPR person be on site for all practice sessions, games, and conditioning drills.

Factually stated - Any school which develops and implements a RMP will be on top of their game.

PEE WEE FOOTBALL

The following are required guidelines for pee wee football. School athletic directors and coaches need to meet prior to the season to establish rules and procedures.

1. An AISA student is eligible for pee wee football if his 13th birthday falls on or after August 1 of the concerned year and is enrolled in the 3rd, 4th, 5th or 6th grade. Note: student must have been promoted to next grade level to be eligible for participation (regardless for the reason repeating).

2. All players weighing 115 pounds or more must be identified by a taping a star or some other identifying mark on their helmet. No marked player may advance the ball under any circumstance.

   Weight Limits - All players weighing over 115 lbs. must be identified by taping a star or some other identifying mark on their helmet. No player weighing 115 lbs. or over may advance the ball under any circumstance. Players must be marked.

   Weight limits should be monitored and adhered to. It is required that the home team provide a set of scales.

   NOTE! Coaches may appeal a player's weight prior to game starting. Opposing coaches must comply with request to weigh the questionable player.

3. Coaches are not allowed on the field during interscholastic pee wee competition.

4. Participation: All players dressed out for the game must play.

5. Quarters will be 8 minutes in length and National Federation timing rules will govern play. Ten minute halftime. May have a fifth quarter with 8 minute running clock.

6. Kicking Game: No kickoffs are allowed, the ball will be placed on the 40 yard line to start play. Punting - Pee wee teams may punt with no rush or may accept a 30 yard advance of the ball. Option must be made prior to the contest starting.

7. Pee wee practice regulations:

   a. No practice is allowed until school starts.

b. First two practices must be in shorts/helmets only, with four (4) hours per week allowed prior to first game.

c. No more than 90 minutes will involve full contact. Please refer to varsity contact policy for defining full-speed contact.

d. Teams may not practice more than 4 hours per week once the season begins. Season is defined as when games begin.

8. Pre-Game warm-ups are completed by the end of the preceding game on a field (varsity practice or baseball) provided by the home team.

9. Starting times are as follows: 6:00 for Pee Wee and 7:00 for Junior High. Other starting times may be agreed upon by the 2 schools. For example, Pee Wee at 5:30 and Junior High at 7:00.

Note: Violations will be considered for fines/disciplinary actions by the Athletic Committee.

AISA ATHLETIC POLICIES AND PROCEDURES INTERPRETATION RELATING TO THE AISA EXECUTIVE DIRECTOR

The AISA Executive Director has the authority to act on any case that needs immediate action subject to appeal. Action taken may include official rulings, investigation of violation or athletic policy, and/or sanctions for violations/infractions of athletic rules. To receive an official ruling on any case, the school administrator must request a ruling in writing to the AISA office. A verbal opinion or statement by the AISA office is not an official ruling. The AISA Executive Director may take action in a case without receiving a formal complaint.

ATHLETIC ELIGIBILITY
Interpretation/Clarification

During the school year only bona fide student-athletes may participate in that school's interscholastic events. The student must be enrolled at the school and attending classes at that school and meet all AISA eligibility requirements.

Interscholastic athletic events include, but are not limited to, regular season/playoff games, spring games, tournaments, and scrimmages/jamborees. Interscholastic events are activities/competitions held "between or among schools."

The AISA insurance programs only cover AISA students who are enrolled and attending classes at an AISA school during AISA sponsored and supervised activities. Students who are not enrolled and attending classes at the AISA member school are not covered for any reason and at anytime! (I.e. any tryouts/practices, volleyball tryouts, cheerleader tryouts, spring football practice, fall baseball tryouts/practice, etc.).

NOTES:
If a student-athlete registers/enrolls in an AISA school during the summer prior to the opening of the school year, the student is covered by the AISA insurance program.

No student attending classes at one AISA member or non-member school should be allowed to participate in another school's interscholastic events/activities or school practices/tryouts.

AISA does not determine eligibility criteria for cheerleading squads at member schools. The only eligibility requirement for cheerleaders is that an AISA All Star cheerleader must be a senior and a candidate for graduation. Schools determine their own criteria for try-outs and team selections. Students (from another AISA member school or non-member school) that try out for

cheerleading in the spring and participate in practices in the spring should be covered under the school's insurance coverage. The AISA insurance only covers AISA students.

AISA PARTICIPATION PERMIT

We, the undersigned, have read, discussed and understand the following:

I. The school agrees to provide:

A. Supervision
B. Instruction
C. Proper Equipment (This includes all equipment or uniforms provided by the participant.)
D. A safety orientation program for all participants
E. An in-excess, supplemental, scheduled payment insurance policy. Any differences in the basic coverage, deductibles, or other related expenses will be paid by the parent(s) /guardian(s).
F. A rules orientation program covering:
   1. rules of the sport;
   2. rules of behavior, dress and appearance;
   3. rules promoting safety and injury prevention;
   4. rules regulating conduct, procedures and action following an injury.
G. (For local use)
H. "
I. "

II. I was given an opportunity to attend a scheduled seminar where the following specific areas were addressed and discussed:

A. Coaching Techniques
B. Rules of the game
C. Injury prevention and safety precaution
D. Player equipment care and purpose
E. Physical conditioning
F. Transportation
G. Player accountability
H. School's insurance program
I. The hazards connected with the use of chemicals (steroids) to enhance performance
J. The possibility of injury, even serious injury, while participating
K. (For local use)
L. "
M. "

My (son / daughter) has my permission to participated in _____
(Sport)
at _____.
(School)

Signed: _____ _____
Parent ( ) or Guardian ( ) Date

Signed: _____ _____
Participant Date

STUDENT/ATHLETE

Medical Release Form

Alabama Independent School Association

Federal guidelines under HIPAA now requires a signed release form to be on file before any medical or financial information can be given on the named patient.

Student/Athlete: _____

Permission to discuss the medical condition of above named patient with the following people is granted for all school related health problems:

1). Athletic Director; 2). Coaches; 3). Trainers; 4). School Administration;
5). Insurance agent

Signed: _____ **Relationship:** _____

Signed: _____ **Relationship:** _____

School: _____

The medical condition of the above named patient is not to be discussed with any person other than the patient and parents or guardians.

Signed: _____ **Relationship:** _____

Signed: _____ **Relationship:** _____

ALABAMA INDEPENDENT SCHOOL ASSOCIATION
MEDICAL HISTORY FORM

(Please Print) DATE ____/____/_____

FULL NAME OF STUDENT _____ BIRTHDATE____/____/_____
First Middle Last

AGE _____ SEX _____ RACE: BLACK _____ WHITE _____ OTHER _____

ADDRESS _____ PHONE ( ) _____
Street City State Zip

SCHOOL _____ GRADE _____ SPORT/ACTIVITY_____

HISTORY (COMPLETED AND SIGNED TO THE BEST OF THEIR KNOWLEDGE BY PARENT/GUARDIAN AND STUDENT PRIOR TO PHYSICAL EXAMINATION. WITHOLDING OR FALSIFYING INFORMATION COULD LEAD TO SERIOUS MEDICAL COMPLICATIONS.)

			CHECK ONE	IF YES, EXPLAIN
1.	HAS THE STUDENT EVER:			
	a.	been knocked out?	Yes ( ) No ( )	_____
	b.	had a concussion?	Yes ( ) No ( )	_____
	c.	stayed overnight in a hospital?	Yes ( ) No ( )	_____
	d.	had an operation?	Yes ( ) No ( )	_____
	e.	had heat exhaustion or heat stroke?	Yes ( ) No ( )	_____
	f.	had a head or neck injury?	Yes ( ) No ( )	_____
	g.	had a back or spinal injury?	Yes ( ) No ( )	_____
	h.	had a heart murmur?	Yes ( ) No ( )	_____
	i.	had high blood pressure?	Yes ( ) No ( )	_____
	j.	had a heart problem?	Yes ( ) No ( )	_____
	k.	fainted while doing exercise?	Yes ( ) No ( )	_____
2.	DOES THE STUDENT:			
	a.	take medicine every day?	Yes ( ) No ( )	_____
	b.	wear glasses or contact lenses?	Yes ( ) No ( )	_____
	c.	wear dental appliances?	Yes ( ) No ( )	_____
	d.	wear hearing aids?	Yes ( ) No ( )	_____
	e.	have any allergies?	Yes ( ) No ( )	_____
	f.	have any chronic illnesses (i.e. diabetes, asthma, seizures)?	Yes ( ) No ( )	_____
	g.	have any body parts missing (i.e. kidney, finger)?	Yes ( ) No ( )	_____
3.	HAS THE STUDENT'S MOTHER, FATHER, BROTHER OR SISTERS EVER HAD ANY HEART PROBLEMS BEFORE 50 YEARS OF AGE?		Yes ( ) No ( )	_____
4.	HAS ANY PHYSICIAN LIMITED THE STUDENT'S ATHLETIC PARTICIPATION?		Yes ( ) No ( )	_____
5.	HAS THE STUDENT EVER BROKEN A BONE OR HAD A CAST ON THE:			
	a.	hand?	Yes ( ) No ( )	_____
	b.	wrist?	Yes ( ) No ( )	_____
	c.	arm?	Yes ( ) No ( )	_____
	d.	foot?	Yes ( ) No ( )	_____
	e.	ankle?	Yes ( ) No ( )	_____
	f.	leg?	Yes ( ) No ( )	_____
	g.	other?	Yes ( ) No ( )	_____
6.	IN THE PAST YEAR HAS THE STUDENT BROKEN A BONE WHILE PLAYING SPORTS?		Yes ( ) No ( )	_____
			Activity	_____

The examination performed for this participation is limited and designed to identify common conditions or infirmities that would limit or prevent a student form participating in athletic activities. This examination is NOT intended to be comprehensive and may not detect some types of latent or hidden medical conditions. All athletes should receive periodic comprehensive medical examinations and prompt treatment for illnesses/injuries.

This is to certify that I have read and understand the above information and hereby give permission and consent to emergency and/or medical treatment for my son ( ), daughter ( ), ward ( ) and that the responses to the preceding questions are correct.

SIGNED: _____ _____
PARENT ( ) OR GUARDIAN ( ) DATE

ALABAMA INDEPENDENT SCHOOL ASSOCIATION
PHYSICAL EXAMINATION FORM

(Completed by Physician)

HEIGHT _____ WEIGHT _____ BLOOD PRESSURE _____ PULSE _____
(SYSTOLIC/DIASTOLIC) (BEATS/MIN)

VISION: RIGHT 20/_____ LEFT 20/_____ CORRECTED _____ UNCORRECTED_____

DATE OF LAST MENSTRUAL PERIOD _____

		CHECK ONE	IF ABNORMAL, EXPLAIN
1.	Skin	Normal ( ) Abnormal ( )	_____
2.	Head & Neck	Normal ( ) Abnormal ( )	_____
3.	Eyes	Normal ( ) Abnormal ( )	_____
4.	Ears, Nose, & Throat	Normal ( ) Abnormal ( )	_____
5.	Teeth & Mouth	Normal ( ) Abnormal ( )	_____
6.	Lungs & Chest	Normal ( ) Abnormal ( )	_____
7.	Cardiovascular	Normal ( ) Abnormal ( )	_____
8.	Abdomen & Lymphatics	Normal ( ) Abnormal ( )	_____
9.	Genitalia/Hernia	Normal ( ) Abnormal ( )	_____
10.	Orthopedic Screening:		
	a. upper extremities	Normal ( ) Abnormal ( )	_____
	b. lower extremities	Normal ( ) Abnormal ( )	_____
	c. spine & back	Normal ( ) Abnormal ( )	_____
11.	Neurological	Normal ( ) Abnormal ( )	_____

ADDITIONAL COMMENTS:

No pupil shall be eligible to represent their school in interscholastic athletics unless there is on file in the Headmaster's office a physician's statement for the current year certifying that the pupil has passed and adequate physical examination, and that in the opinion of the examining physician he/she is fully able to participate in high school athletics.

This is to certify that on this _____ day of _____, 20 _____, I performed the above limited examination on _____ of the _____School/Academy and based upon an evaluation of the medical history provided and upon my limited examination, I am of the opinion that he/she IS ____ IS NOT ____ physically able to participate in ALL____ *LIMITED ____ athletic events of the school.

_____ (M.D. or D.O.)
PHYSICIAN

*EXPLAIN LLIMITATIONS/EXCLUSION

_____

_____

_____

AISA CONTRACT FOR ATHLETIC CONTESTS

SPORT FB BK TN bb SB TR VB Other_____ DATE MAILED ____/____/____

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

OUR SCHOOLS HEREBY ENTER INTO A CONTEST FOR (ONE) (TWO) _____

GAMES TO BE PLAYED. ONE CONTEST AT _____, AL

ON _____ 20_____ TIME _____

AND ONE CONTEST AT _____, AL

ON _____ 20_____ TIME _____

Please check one: Varsity ☐

Jr. High (7-9) ☐

1. The rules and regulations of the AISA are part of this contract.
2. The school failing to carry out the provisions of this contract shall pay the other a forfeit fee of not less than $_____, unless the contract is altered or cancelled by mutual agreement of the contracting schools, signed by both headmasters and athletic directors.
3. Only officials registered with the AISA or AHSAA may be used. The home school will pay the cost of the officials.
4. Details concerning proceeds from the contest will be worked out between the contracting schools.
5. Minimum game guarantee will be $_____.
6. Other items on the contract will be described in the following space: _____

   _____.

_____	_____
HEADMASTER	HEADMASTER
_____	_____
ATHLETIC DIRECTOR	ATHLETIC DIRECTOR
_____	_____
SCHOOL	SCHOOL
_____	_____
DATE	DATE

The 1st home team originates this contract in two copies. Send both copies to visiting team for signatures. One copy for home team, one copy for visiting team, send one copy back to the team who originated the contract.

New Students List for AISA Sports Eligibility

School: _____

Headmaster: _____

Athletic Director: _____

List males and females separately, alphabetize, and type the names of all new students Grades 7-12 who have not been on your eligibility list before. Please furnish social security number and date of birth for each new student in grades 7-12 that you are submitting now to be eligible.

GIRLS **(Check new student's grade.)**

Name	DOB	7	8	9	10	11	12
	/ /						
	/ /						
	/ /						
	/ /						
	/ /						
	/ /						
	/ /						

BOYS **(Check new student's grade.)**

Name	DOB	7	8	9	10	11	12
	/ /						
	/ /						
	/ /						
	/ /						
	/ /						
	/ /						
	/ /						

AISA SPORTS ELIGIBILITY

School: **Headmaster:** **Ath Dir:**

New = X	Date Enrolled 0/00/00	Last Name, First Name, MI	F	M	Grade	DOB 0/00/00	Transfer/School	Date 1st Entered 9th Grade M/YR	Required Units Passed	Eligible? (yes or no)

AISA SANCTION REQUEST FORM

Date _____

To: Athletic Director, AISA

From: _____
(Athletic Director - School)

Request for sanction a

(_____ tournament on _____).

(_____ jamboree on _____).

(_____ scrimmage on _____).

(_____ camp(s) * on _____).

(_____ game on _____).

The following teams are approved for participation:

_____ _____ _____

_____ _____ _____

_____ _____ _____

This sanction request is with the understanding that the above competition will be administered in accordance with the rules as stated in the AISA Athletic Handbook.

_____
Signature - Athletic Director

AISA ALL-STAR FOOTBALL
Nomination Form

School: Class: Region

East (Region I) West (Region II)

1. Name Jersey#:

Height: Weight: Offensive: Defensive:

Special Honors and/or Accomplishments:

2. Name Jersey#:

Height: Weight: Offensive: Defensive:

Special Honors and/or Accomplishments:

Coaches, nominate only senior boys who are All-Star quality players. If you have more than two players that you wish to nominate, you may do so, but the two listed on this form should be your first and second choice. Student-athlete must have participated two (2) seasons at an AISA member school.

Teams:
1. The East Team will be composed of players from each class in Region I.
1. The West Team will be composed of players from each class in Region II.

The Above Named Players Meet All Eligibility Requirements.

Headmaster: Date:

Athletic Director: Date:

AISA ALL-STAR VOLLEYBALL
NOMINATION FORM

SCHOOL: CLASS:

COACH:

1.Name: Jersey #:

Height: Position:

Shirt Size: Small Medium Large XL XXL
(Mark with an "x" the shirt size.)

Special Honors and/or Accomplishments:

2.Name: Jersey #:

Height: Position:

Shirt Size: Small Medium Large XL XXL
(Mark with an "x" the shirt size.)

Special Honors and/or Accomplishments:

Coaches, nominate only seniors who are All-Star quality players. If you have more than two (2) players that you wish to nominate, you may do so, but the two listed on this form should be your first and second choice.

The above named player(s) meet all AISA eligibility criteria.

Headmaster Date

Athletic Director Date

AISA ALL-STAR BASKETBALL
NOMINATION FORM

Please Mark: Male: Female:

School: Class: Region:

Coach:

1. Name: Height: Position: Avg. Pts/Game:
Jersey #:
Special Honors and / or accomplishments:

2. Name: Height: Position: Avg. Pts/Game:
Jersey #:
Special Honors and / or accomplishments:

Coaches, nominate only seniors who are All-Star quality players. If you have more than two (players) that you wish to nominate, you may do so, but the two listed on the above form should be your first and second choice.

The above named player(s) meet all AISA eligibility criteria.

Headmaster:

Athletic Director:

ALABAMA NOTIFIABLE DISEASES/CONDITIONS

GROUP A DISEASES/CONDITIONS-REPORT TO THE COUNTY (OR STATE) HEALTH DEPARTMENT BY TELEPHONE, FAX, OR IN PERSON WITHIN 24 HOURS OF DIAGNOSIS.

Anthrax, human
Botulism
Cholera
Diphtheria
H. influenzae, invasive diseases*
Hepatitis A
Listeriosis
Measles (rubeola)
N. meningitides, invasive diseases**
Pertussis
Poliomyelitis, paralytic
Rabies, human and animal
Trichinosis
Tuberculosis
Typhoid fever
Yellow fever
Outbreaks of any kind

*i.e., meningitis, epiglottitis, sepsis, cellulites, septic arthritis, osteomyelitis, pericarditis, and type b pneumonia

**Detection of organism from normally sterile site (e.g., blood and cerebrospinal fluid)

GROUP B DISEASES/CONDITIONS-REPORT I WRITING TO THE COUNTY (OR STATE) HEALTH DEPARTMENT WITHIN 7 DAYS OF DIAGNOSIS.

Brucellosis
Campylobacteriosis
Chancroid*
Chlamydia trachomatis*
Cryptosporidiosis
Dengue fever
E. coli -157: H7 (including HUS and TTP)
Ehrlichiosis
Encephalitis, viral
Giardiasis
Gonorrhea*
Granuloma inguinale*
Hepatitis B, C and other viral
Histoplasmosis
Human Immunodeficiency Virus Infection** (including asymptomatic Infection, ARC, and AIDS)
Lead, elevated blood levels ($\geq$10 mcg/dl)
Legionellosis
Leprosy
Leptospirosis
Lyme disease
Lymphogranuloma venereum*
Malaria
Mumps
Psittacosis
Q fever
Rocky Mountain spotted fever
Rubella
Salmonellosis
Shigellosis
Syphilis*
Tetanus
Toxic shock syndrome
Tularemia
Vibriosis
Yersiniosis

*Use Sexually Transmitted Diseases report card
**HIV-seropositivity to be reported by laboratories; symptomatic cases to be reported by clinicians to state Division of AIDS Prevention & Control (334) 206-5364 or 1-800-344-1153.

State Health Department Telephone Numbers:
Division of Epidemiology (334) 206-5347 or 1-800-338-8EPI (24-hour coverage) FAX: 334-206-5967
Division of HIV/AIDS Prevention & Control (334) 206-5364 or 1-800-344-1153
Division of Sexually Transmitted Diseases (334) 206-5350
Division of Tuberculosis Control (334) 206-5023
Bureau of Clinical Laboratories (334)260-3400 (24-hour coverage)

To: Head Administrator/Athletic Director

From: Roddie Beck, AISA Athletic Director

Re: **AISA Concussion Requirement for All Sports**

Please provide the requested information regarding the following AISA athletic requirements and return to the AISA office prior to first practice. Failure to return by this date **will result in a $250 fine**.

School _____

Alabama State Law, page 2, (b): "Each sports or recreational organization governing body shall ensure that coaches receive annual training to learn how to recognize the symptoms of a concussion and how to seek proper medical treatment for a person suspected of having a concussion."

The Athletic Director from each AISA school that participates in athletics must review the NFHS concussion guidelines (located in NFHS rule book) with his/her school's coaches. This should be done prior to the first practice and is required for all AISA interscholastic sports.

_____ _____

ATHLETIC DIRECTOR'S SIGNATURE **DATE**

_____ _____

HEAD ADMINISTRATOR'S SIGNATURE **DATE**

ALABAMA INDEPENDENT SCHOOL ASSOCIATION

Concussion Information Form

(Required by AISA starting with the 2011-12 school year.)

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a "ding" or a bump on the head can be serious. You cannot see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:	
• Headaches • "Pressure in head" • Nausea or vomiting • Neck pain • Balance problems or dizziness • Blurred, double, or fuzzy vision • Sensitivity to light or noise • Feeling sluggish or slowed down • Feeling foggy or groggy • Drowsiness • Change in sleep patterns	• Amnesia • "Don't feel right" Fatigue or low energy • Sadness Nervousness or anxiety Irritability • More emotional Confusion • Concentration or memory problems (forgetting game plays) • Repeating the same question/comment

Signs observed by teammates, parents and coaches include:
• Appears dazed • Vacant facial expression • Confused about assignment • Forgets plays • Is unsure of game, score, or opponent • Moves clumsily or displays incoordination • Answers questions slowly • Slurred speech • Shows behavior or personality changes • Can't recall events prior to hit • Can't recall events after hit • Seizures or convulsions • Any change in typical behavior or personality • Loses consciousness

(Continued on Page 2)

AISA Concussion Information Form (Page 2)

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to a student-athlete's safety.

AISA Concussion Policy: Any student athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from the contest and shall not return that day. Following the day the concussion symptoms occur, the student athlete may return to practice or play only after a medical release has been issued by a medical doctor.

Any health care professional or AISA coach may identify concussive signs, symptoms or behaviors of a student athlete during any type of athletic activity. Once concussive signs are identified, only a medical doctor can clear an athlete to return to play. Any school in violation of the AISA policy application of the National Federation rule will be subject to sanctions.

If you think your child has suffered a concussion :

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without clearance from a medical doctor. Close observation of the athlete should continue for several hours. You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

This form is required by Alabama Law established in June, 2011, coinciding with the AISA Concussion Policy in effect since 2010.

I have reviewed this information on concussions and am aware that a release by a medical doctor is required before a student may return to play under this policy.

_____	_____	_____
Student Athlete Name Printed	Student Athlete Signature	Date
_____	_____	_____
Parent Name Printed	Parent Signature	Date