



To: Head Administrator/Athletic Director

From: Roddie Beck, AISA Athletic Director

Re: **AISA Cardiac Arrest Training Requirement for All Sports**

Please provide the requested information regarding the following AISA athletic requirements and return to the AISA office prior to first practice. Failure to return by this date **will result in a \$250 fine**.

School _____

Beginning with the 2024-2025 school year, once every two years, each coach of any athletic activity must complete a cardiac arrest training course. The training shall be made available through the National Federation of State High School Association (<https://nfhslearn.com/courses/sudden-cardiac-arrest.org>).

A coach of any athletic activity may not be eligible to coach in any practice or competition until he or she has completed the training course.

Schools are required to provide to parents and athletes the sudden cardiac arrest symptoms and warning signs information sheet before any student-athlete may participate in any athletic activity and must have on file the signed information sheet by the student-athlete and parent.

This requirement is for all sports including elementary, junior high and varsity coaches and student athletes.

ATHLETIC DIRECTOR'S SIGNATURE

DATE

HEAD ADMINISTRATOR'S SIGNATURE

DATE

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